

# Guest Services Directory

WELCOME TO PANGULASIAN

**EXPERIENCES** 

MEMORIES TO TREASURE

DIVING

**WELLNESS** 

COMPLIMENTARY EXPERIENCES

**BACUIT BAY** 

FACILITIES & SERVICES

ISLAND ADVISORY



# Pangulasian

Welcome to Pangulasian—El Nido's Island of the Sun. Fringed by nearly a kilometer of powdery white sand, backed by lush tropical forest, and nestled in the emerald cradle of Bacuit Bay, discover your luxurious island getaway.

Here, the beauty of sunrise and sunsets are up-close enchantments best enjoyed from your private villa designed to honor nature and artistic tradition, while indulging every modern comfort. Pangulasian's 42 contemporary Filipino-style villas are masterfully built with eco-conscious design and generous open space, inviting you to explore, unwind, and connect.

Experience your slice of paradise from high up among the treetops, the Canopy Villas immerse you in a serenade of birdsong and breathtaking panoramas. Step straight from your Beach Villa onto sun-kissed sands and crystal-clear waters, that calls for the enriched discovery of marine life. Or indulge in the Pool Villas, where the ocean meets your private plunge pool—exquisite comfort set in quiet luxury.

Each expansive 65-square-meter villa boasts a generous 15-square-meter balcony and curated amenities: Wi-Fi connection, satellite TV, bluetooth speakers, and a personal espresso machine—because paradise should taste as exquisite as it looks.



Dear Guest,

Mayad nga adlaw and a warm welcome to El Nido Resorts' Pangulasian Island! We are delighted you have chosen to spend your holiday with us.

One of El Nido Resorts' premier resort destinations, explore the wonder of luxurious island retreats where every corner offers something extraordinary — from Miniloc's iconic Big Lagoon and Lagen's majestic limestone cove to Pangulasian's pristine beach framed by a tropical forest. It brings us great joy to open our doors to you, and we trust that the radiant sunshine, lush vegetation, and crystal-clear waters will set the scene for beautiful new memories during your stay.

To make your stay special and memorable, we have thoughtfully curated a collection of bespoke experiences—from uncovering the islands' hidden gems to immersive offshore excursions and serene encounters with nature. Whether in pursuit of adventure, tranquility, or a balance of both, each moment promises to be as enriching as it is unforgettable.

Beyond recreation, we invite you to take part in meaningful initiatives that support both the environment and local communities. Through partnerships from the community of craftsmen and artists, to local fishermen, we offer experiences that empower and support the livelihoods and meaningful impact for generations to come.

Finally, we take pride in not only our remarkable natural surroundings, but also the heartfelt Filipino hospitality that defines El Nido Resorts. Our dedicated associates are here to serve you, and we are committed to meeting your every request — whether they are simply intricate or grand undertakings — to make your stay truly unforgettable.

GEORG**É** AQUINO

Chief Ekecutive Officer / President





#### FEATURED LAND EXPERIENCE

## Hidden Cove

Php22,600 for 2 persons

Escape to a secluded cove nestled among towering limestone cliffs. Relax on a luxurious daybed or sway gently in a hammock as the ocean breeze tickles your sun-kissed skin. Savor a picnic basket filled with gourmet delights while vibrant coral reefs and enchanting marine life await beneath the crystal-clear waters.

With every serene getaway, a portion of the proceeds supports coral reef restoration—preserving Palawan's breathtaking underwater paradise for generations to come. Dial "0" to book your magical discovery of the West Rocky Cove.

#### KIMINAWIT VILLAGE TOUR

Php30,000 for 2 persons via Haribon; Php22,000 for 2 persons via speedboat

Experience Palawan's warm hospitality through an immersive cultural journey. Visit Sitio Kiminawit, connect with locals, and learn about age-old traditions. Craft a unique keepsake with the help of gifted artisans, enriching your experience, while supporting a foundation that caters to the community's essential needs and enduring initiatives.

#### THE CAVES AND SNAKE ISLAND

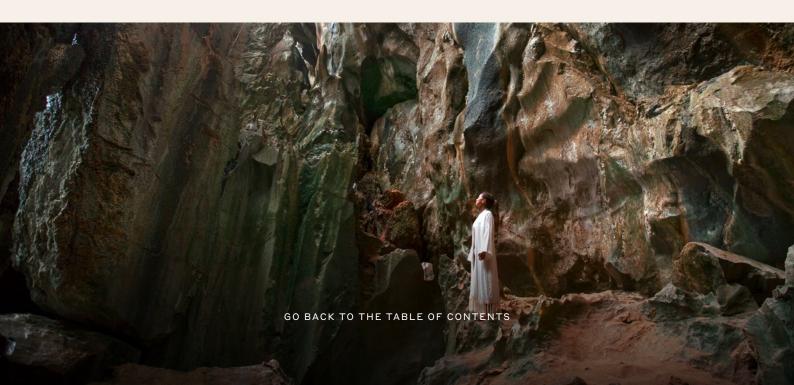
Php29,890 for 2 persons in a 4-hour tour package

Uncover the tide's hidden treasures as you journey through El Nido's storied seascape. Stroll along the winding sandbar of Vigan Island, explore the chambers of Cudugnon Cave, and marvel at the grandeur of the Cathedral Cave's natural grotto.

#### HIKING AND NATURE TRAILS

Php18,910 for 2 persons

Embark on a guided trek through Pangulasian's lush nature trail, where you may encounter a variety of wildlife thriving undisturbed in their natural habitat. The journey culminates in a breathtaking 360-degree panoramic view of Bacuit Bay—elevated by a thoughtfully curated experience featuring breakfast at sunrise or tasty pica-pica at sunset.





#### **CELESTIAL TALES**

Php9,760 for 2 persons

Marvel at a canvas of cosmic wonder as you peer through telescopic lenses and take in El Nido's majestic night sky. Sip handcrafted cocktails paired with pica-pica specials as the stars trace silent stories above, each moment a quiet celebration of the cosmos.

#### SUNSET CANVAS

From Php5,560 to Php5,860 per person

Unwind by the sea with brush in hand, capturing nature's beauty in every masterful stroke. Let the waves set the rhythm to your latest artful masterpiece accompanied by wine or a refreshing mocktail as you capture moving emotions and poetic expression.

#### KALYE ARTISANO

Php17,080 per tour for up to 5 persons

Explore the captivating world of local craftsmanship. Immerse yourself in the rich cultural heritage of Lio, El Nido as you tour through a traditional Filipino-style villa adorned with intricate handcrafted details, showcasing the exquisite works of local artisans.





#### SUNRISE CRUISE

Php13,850 for 2 persons

Experience nature's magical transformation as dawn paints the sky in hues of gold, blush, and amber. With each graceful stroke, the rising sun casts a radiant glow—mirrored on the glassy sea in a serene symphony of light and reflection.

#### SUNSET CRUISE

Php19,520 for 2 persons

Sail through crystal-clear waters, where towering limestone cliffs and sun-kissed shores glow in radiant hues of pink, orange, and violet. With a glass of Champagne in hand and the sea breeze on your skin, witness nature's masterpiece unfold in an unforgettable journey through nature's breathtaking wonder.

#### PRIVATE BOAT CHARTER

Php12,810 for a 2-hour tour for 2 persons

Embark on a bespoke journey shaped by your passions — whether it's discovering vibrant coral gardens or retreating to untouched island sanctuaries. Each moment is thoughtfully curated to create an experience as unforgettable as the majestic destinations.

#### **BANCA BOAT CRUISE**

Php15,860 for a 3-hour tour for 2 persons

Sail the seas and explore the islands like the locals aboard a traditional wooden bangka. Drift across the deep blue waters and experience authentic island navigation in an exhilarating nautical adventure.

#### PRIVATE ISLAND HOPPING EXPERIENCE

Php29,890 via speedboat; Php42,700 via Haribon in a 4-hour journey or trip for up to 2 person

Set sail on a private boat and journey through a tapestry of idyllic islands, each with its distinct charm and natural beauty. Framed by the deep blue sea and soaring limestone cliffs, every moment is a new memory through the moving portrait of El Nido's breathtaking allure.

#### MANGROVE TOUR

Php21,960 in a 3-hour tour for 2 persons

Discover where vibrant life and rich heritage intertwine in a captivating journey through El Nido's mangroves. Surrounded by lush canopy and tranquil waters, explore a thriving ecosystem that imparts a majestic story of nature's quiet brilliance.

#### PANGANGAWIL FISHING

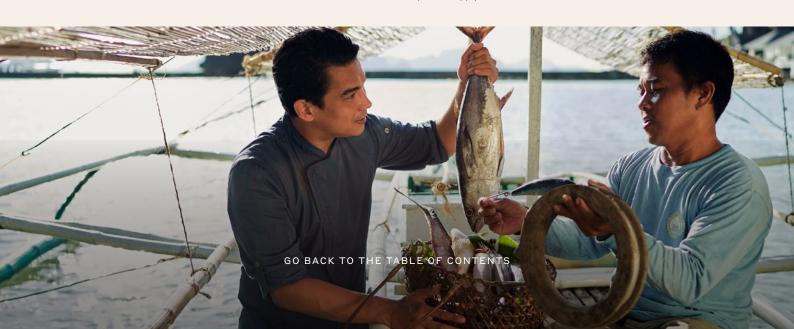
Php17,080 for 3 persons in tour package for 4 hours

Experience first-hand the traditional pangangawil way of fishing here in El Nido, Palawan. Let the locals teach you how it's done in this community partnership with the fisher folk of Sitio Kiminawit.

#### ILLE CAVE TOUR

Php31,300 for 2 persons; Php6,100 for every additional person, maximum of 5

Uncover the ancient secrets of Ille Cave in El Nido's Dewil Valley. This dramatic limestone formation offers a rare glimpse into prehistoric life, with artifacts and fossils dating back over 14,000 years. Explore remnants of ancient human activity—burial sites, stone tools, and more—tucked within its cavernous chambers. For the adventurous, a short hike to the top rewards you with sweeping views of the surrounding karst landscape. It's a journey that blends natural wonder, rich history, and a touch of adventure.





#### FEATURED WATER EXPERIENCE

Tuka

Php9,500 for 2 persons; Php4,000 per additional person

Gently drifting along the serene shores of El Nido, Palawan, the Tuka—named after the Tagalog word for "beak"—invites you to reconnect with nature and experience the beauty of local design. Thoughtfully built by the Tao community, this bamboo beach hut echoes the silhouette of an upturned boat, with its beak-inspired ends extending outward to offer natural shade and welcome the ocean breeze. Whether you're snorkeling, dining at sea, or simply savoring the coastal calm, the Tuka is a peaceful sanctuary where sustainable craftsmanship and Palawan's natural charm meet in perfect harmony. Dial "O" and book your Tuka experience.

#### E-FOIL ADVENTURE

Php15,860 for the first hour; Php7,930 per additional 30 minutes

Experience the thrill of eFoiling—where innovation meets the rush of surfing. Glide above the water and feel the electrifying sensation of flight in this unforgettable adventure.

#### SCHILLER BIKE ADVENTURE

Php7,320 per hour

Pedal across the sparkling waters of Bacuit Bay on a Schiller Bike, blending the thrill of cycling with the serenity of the sea. This eco-friendly adventure offers a unique way to explore Palawan's breathtaking scenery and vibrant marine life.

#### SEA CLEAR NIGHT EXPLORATION

Php6,100 per person

Discover the sea's nocturnal magic as you glide over crystal-clear waters on a kayak or paddleboard, lit from below by underwater lights that reveal a world of vibrant marine life and hidden wonders.

#### HOBIE CAT SAILING

Php5,490 per hour for a maximum of 3 persons

Chase the wind on a catamaran adventure. With our experienced guide at the helm, glide over azure waves, feel the sea's rhythm, and sail into the horizon with sunlit memories in tow.





#### PEDALBOARD ADVENTURE

Php6,100 per hour

Navigate crystal-clear waters and limestone cliffs on a water bike—an invigorating way to stay active while immersed in El Nido's breathtaking beauty.

#### **SEABOB EXPEDITION**

Php9,000 for 1 hour, per person; Php5,000 for additional 30 minutes

Explore El Nido's dazzling marine world with the Seabob Underwater Scooter. Effortlessly glide through crystal-clear waters, capturing stunning moments above and below the surface, in a thrilling and camera-ready chapter of your Palawan escape.

#### **GO PRO RENTAL**

Php3,050 for 2 hours; Php4,880 for 4 hours

Capture unforgettable moments of your thrilling adventures, both above and below the water, with the waterproof GoPro Hero 11 and 12.





# Bespoke Dining

Indulge in exceptional dining experiences where every detail is thoughtfully tailored to taste. Whether set on a secluded sandbar or beneath the stars with breathtaking island views, each meal is a harmonious blend of nature's beauty and refined culinary artistry—crafted to create unforgettable moments.

#### SUNRISE PICNIC AT THE SANDBAR

Php29,600 for a 4-hour dining experience for 2 persons

A harmonious blend of nature's beauty, culinary delights, and serene ambiance; pause, take in the breathtaking scenery, and savor the quiet majesty of the world awakening.

#### PICNIC AT OUR PRIVATE ISLAND

Php21,000 for a 4-hour dining experience for 2 persons

Savor the island's fresh flavors as you relax on the beach, taking in the stunning views and soothing sound of the waves. Enjoy a gourmet feast of tropical fruits and local delicacies, with the soft sand and ocean breeze creating the perfect backdrop.

#### THE CHEF'S TABLE AT THE LIBRARY

Php25,200 for a dining experience for 2 persons

Savor an exquisite culinary journey with the Chef's signature creations, presented as a carefully curated 5-course tasting menu paired with fine wines. Inspired by the Japanese concept of "Omakase," meaning to trust the chef, our Library setting reflects a commitment to continual learning and global inspiration, offering a dining experience that celebrates craftsmanship and discovery.

#### FLOATING BREAKFAST

Php1,000 per person

Your tranquil oasis awaits by the pool. Begin your day with a luxurious floating breakfast, served in the calm waters of our pool, framed by lush trees and overlooking the pristine beach. Delight in a gourmet breakfast experience from 7 a.m. to 12 p.m.



#### FILIPINO BOODLE LUNCH

Php9,900 per person set at a private island; Php5,000 per person set at a picturesque spot at the resort

Gather around a long table lined with banana leaves for a festive boodle fight—an abundant spread of bold Filipino flavors. Set against a breathtaking backdrop, it's a joyful celebration of food, culture, and connection.

#### BONFIRE BARBECUE BY THE BEACH

Php20,000 for up to 2 persons

Enjoy a relaxing evening by the beach, where a starlit sky and gentle breeze set the tone for a memorable dining experience. Savor a well-curated selection of fresh seafood and expertly grilled meats in a casual yet elegant beachside barbecue setting. The perfect blend of delicious food, calm ambiance, natural beauty, and great company.

#### FILIPINO TRADITIONS COOKING CLASS

Php12,200 for up to 2 persons

Discover the rich culinary heritage of the Philippines through an engaging hands-on cooking class. Learn to prepare traditional dishes using fresh, locally sourced ingredients, and enjoy a flavorful session of cooking, cultural insight, and tasting.



#### **BEACH MOVIE NIGHT**

Php9,900 per availment

Step into a cinematic dream beneath the starlit El Nido sky. Framed by an idyllic backdrop and kissed by the sea breeze, savor nature's open-air silent cinema and unwind as films play in a unique setting of story, nature, and inspired connection.

#### **COCKTAIL MAKING CLASS**

Php1,300 per person

Unlock your inner mixologist in a hands-on cocktail-making class. Master signature drinks, mixology techniques, and flawless presentation, as you sip, shake, and stir your way to creating delicious cocktails and unforgettable memories.

#### **SUNDOWNER**

Chargeable per order

Unwind in paradise with our Happy Hour specials — every day from 3 p.m. to 6 p.m. Enjoy refreshing cocktails and ice-cold chilled beers as you soak in the views and good vibes. Only at the Pool Bar, Beach Bar and Amianan Restaurant — where every hour feels like a holiday!

# Beverage Package

Php4,800 per adult per night and Php2,400 per child per night

Enjoy endless refreshment with our exclusive beverage package, available daily from 11am to 11pm. Children enjoy complimentary access when accompanied by two availing adults. A minimum of two consecutive days is required, with consumption valid at Amianan Restaurant, Beach Bar, Pool Bar, and during Private Dinner experiences.

GO BACK TO THE TABLE OF CONTENTS

# Diving

El Nido is a diver's paradise, home to over 20 breathtaking dive sites that cater to all skill levels. From vibrant coral gardens and dramatic wall dives to hidden tunnels and deep-sea trenches, each site offers a distinct underwater adventure. The crystal-clear waters teem with marine life—colorful schools of fish, sea turtles, reef sharks, and even the elusive dugong. With its rich biodiversity and stunning underwater landscapes, El Nido promises a truly unforgettable diving experience.



## Diving Activities

#### DAY DIVE

Php7,000 to Php17,900 for certified divers

Let us craft a bespoke diving itinerary tailored to your interests. Choose from our surrounding islands and dive sites, ensuring a personalized and unforgettable experience.

#### **BUBBLE MAKER**

Php8,000 for children age 8-10 years old

The Bubble Maker program is an exciting and educational underwater adventure designed exclusively for children. It provides kids with a unique opportunity to explore the captivating world beneath the waves in a safe and fun-filled environment.

#### STARTER DIVES

Php10,800 for beginners age 10 yrs old and above

Beginner and children's dive courses offer a safe, fun introduction to the underwater world. Set in calm, vibrant waters, each site features unique marine life and landscapes—perfect for new and young divers.

#### **NIGHT DIVE**

Php8,900 for certified divers

Experience the thrill of night diving as you explore a completely different underwater world. Watch the darkness come alive with elusive marine life, hidden movements, and a sense of mystery—an unforgettable blend of wonder and adventure.

#### REFRESHER DIVES / CHECKOUT DIVE

Php7,600 for a certified divers

Whether you're a certified diver looking to refresh your skills or completing the final step of your scuba certification, El Nido offers the perfect setting for review and refresher dives. These tailored sessions help divers of all levels regain confidence and dive comfortably into the captivating underwater world.

# Diving Courses

El Nido is a paradise for divers with various experiences. We provide a wide range of diving programs that are accessible for beginners and PADI-accredited training courses for those who are seeking scuba diving certifications.

STARTER DIVES PHP 46,200

OPEN WATER PHP 56,000

REFERRAL DIVE PHP 42,800

RESCUE DIVER PHP 59,500

EMERGENCY FIRST PHP 37,200 RESPONSE

ADVANCED OPEN WATER PHP 64,700

DIVE MASTER PHP 81,500







# healing begins

#### A SANCTUARY OF SERENITY

Nestled in the breathtaking landscape of Palawan, this wellness sanctuary offers a retreat that goes beyond the conventional — embracing a holistic experience rooted in comfort and care. Inspired by the nurturing embrace of a nest, the spa's design evokes warmth and serenity, creating a space where wellness and nature harmoniously converge.

From the moment you enter, a tranquil atmosphere welcomes you — defined by soothing tones, gentle lighting, and organic elements. Skilled therapists guide you into a cocoon-like setting designed to foster deep relaxation and healing.

Each massage, skincare ritual, and wellness treatment is thoughtfully curated to evoke a sense of being nurtured — mirroring the calm, protective nature of a nest.



# Traditional Sealing Journeys

Meticulously crafted treatments inspired by the essence of a holistic Filipino sanctuary, designed to restore balance, rejuvenate the body, and calm the mind. Drawing on the natural healing properties of local flora, each experience nurtures both body and spirit—deepening the connection between wellness and nature.

#### HILOT THERAPY

Php4,500 for a 60-minute massage; Php6,000 for a 90-minute treatment

A traditional Filipino healing practice that restores balance by treating 'hot' and 'cold' areas of the body. Using herbal oils and skilled massage techniques, it soothes the mind and body restores balance, eases tension, and realigns energy to bring harmony to the mind and body.

#### COCONUT BUTTER NOURISHING TREATMENT

Php7,800 for 120 minutes

A deeply replenishing ritual for dry, depleted skin, this treatment lavishes the body with rich, locally sourced coconut butter. Slow, nurturing strokes infuse lasting hydration, leaving skin velvety-soft, radiant, and refreshed.

#### LATO DETOX TREATMENT

Php7,800 for 120 minutes

A revitalizing treatment that begins with a detoxifying body scrub to awaken the skin and draw out impurities. It is followed by a mineral-rich Lato detox wrap infused with locally sourced botanicals that encourage gentle perspiration and deep absorption. The experience concludes with a calming full-body massage, leaving you renewed, rebalanced, and restored.



# Balance Restoring Massages

#### THERAPEUTIC HERBAL MORINGA SEA SALT POULTICE MASSAGE

Php6,500 for 90 minutes

Experience the distinction of deeply soothing therapy that blends targeted massage with warm herbal poultices, infused with natural botanicals to release muscle tension, calm inflammation, and encourage deep relaxation. This restorative treatment nurtures the body and promotes a profound sense of tranquility and well-being.

#### PANGULASIAN SIGNATURE MASSAGE

Php4,500 for 60 minutes without coconut bath; Php7,000 for 90 minutes; and Php8,200 for 120 minutes

Close your eyes and drift into a cocoon of comfort and care.
Signature techniques ease away tension and stress, leaving you deeply relaxed and renewed. Conclude your experience with a luxurious coconut bath—rich in hydration and natural nutrients—to leave your skin soft, supple, and radiant.

#### SAMPAGUTIA SOOTHING HIMALAYAN SALT STONE MASSAGE

Php5,000 for 60 minutes; Php7,000 for 90 minutes; and Php8,200 for 120 minutes

Surrender to a calming massage infused with the gentle scent of local Sampaguita blossoms and warm, nutrient-rich oils.

As tension melts away and muscles unwind, a deep sense of tranquility emerges leaving you refreshed, balanced, and beautifully restored.

#### ASIAN STRETCH MASSAGE

Php4,500 for 60 minutes; Php6,000 for 90 minutes

Feel welcome rejuvenation with this targeted fusion of sports and deep tissue massage that eases muscle stiffness and improves mobility through focused pressure and gentle stretching. Warm herbal poultices support detoxification and recovery, restoring balance in key areas such as the hips, back, and shoulders.



# Balance Restoring Massages

#### ABDOMINAL DETOX MASSAGE

Php4,500 for 60 minutes It is not recommended to eat within 90 minutes before your treatment

Enhance digestion and relaxation with a detoxifying abdominal massage, reflexology, and a nutrient-rich algae mask.

Herbal poultices and colon massage techniques soothe discomfort, release toxins, and restore internal balance.

#### MALASAKIT MASSAGE

Php6,000 for 90 minutes

Experience the Malasakit Massage—a deeply nurturing escape that embodies the spirit of care while supporting local healthcare efforts.

Rooted in Filipino healing traditions, this restorative journey not only renews your well-being but also extends compassion to others, transforming relaxation into a purposeful act.

#### DAGDAGAY FOOT MASSAGE

Php3,000 for 30 minutes

Discover the distinctive foot massage tradition of the Philippines' Mountain Province, beginning with an invigorating salt scrub to awaken the senses and stimulate circulation. Skilled kneading and rhythmic bamboo rolling techniques follow, delivering deep relief from heel to toe.

#### PANGULASIAN AFTER-SUN WRAP

Php3,500 for 30 minutes

Soothe and restore sun-kissed skin with a calming blend of aloe vera and cucumber, designed to reduce inflammation and replenish lost hydration. The treatment concludes with our signature coconut body butter, sealing in moisture for deep healing and long-lasting nourishment.



# Solistic Face Massage

#### PRESSURE POINTS AND LYMPHATIC DRAINAGE FACE MASSAGE

Php3,000 for 30 minutes

Treat yourself to a rejuvenating facial that tones facial muscles, eases tension, and boosts circulation. Cooling rose quartz stones calm inflammation, firm and sculpt the skin, and help reduce puffiness, supporting the lymphatic system's natural detox process for a radiant, refreshed glow.

#### PANGULASIAN AFTER-SUN MASK

Php3,500 for 30 minutes

Soothe and hydrate sun-exposed skin with natural aloe vera that calms inflammation, then nourish and repair with a revitalizing moringa mask. Packed with moisturizing antioxidants, this treatment restores radiance and leaves your complexion glowing and refreshed.



## Mini Sealing Rituals

#### POLISH AND SCRUB

Php3,500 for 30 minutes

Feel the calming touch of local plant fibers and Palawan sea salt, infused with nourishing oils and native herbs for gentle, skin-loving exfoliation.

A deeper scrub follows to cleanse pores, stimulate circulation, and leave your skin smooth, radiant, and refreshingly hydrated.

#### LATO DETOX WRAP

Php3,500 for 30 minutes

Purify and rejuvenate with a nutrient-rich local seaweed mask, followed by a warm blanket wrap to enhance absorption and detoxification. This revitalizing treatment boosts circulation and lymphatic flow, leaving your skin refreshed, smoother, and visibly firmer.

#### **BUKO BATH**

Php3,500 for 30 minutes

Sink into a warm Buko bath infused with pure coconut milk, naturally rich in oils and antioxidants. This deeply hydrating soak softens and nourishes the skin, while its delicate aroma soothes the senses and melts away stress—leaving you relaxed, radiant, and renewed.

#### KAMOT

Php3,500 for 30 minutes

Discover the calming benefits of Kamot, a traditional Filipino dry scratch massage that uses gentle, rhythmic strokes to promote deep relaxation. This light-touch technique stimulates circulation, soothes anxiety, and restores a sense of balance and well-being.



#### **OPERATING HOURS**

Daily from 9 a.m. to 10 p.m.

Select treatments are available until 11 p.m. ensuite with advance notice.

#### **APPOINTMENTS**

Guests are encouraged to book treatments in advance to ensure the preferred time and treatment are available. Please dial extension "0" to make a reservation. The minimum age for treatment is 18 years. Those under 18 years must be accompanied by a parent or adult guardian.

#### ARRIVAL

Please ensure that you arrive at least 10 minutes before the scheduled start time of your treatment, allowing time to complete a holistic consultation.

#### TREATMENT AND PREPARATION

It is not recommended to eat a heavy meal or drink alcohol before taking a spa treatment. We recommend that men shave before receiving any facial massage.

#### CANCELLATION

We understand that schedule may change and we wil do our best to accommodate your preferences. Since your spa time is reserved especially for you, we kindly ask you to give a minimum of 4 hours cancellation notice to allow room for other interested guests. Cancellations made within 4 hours will be subject to the full charge of the treatment booked.

#### SMOKING AND MOBILE PHONE

The spa is a no-smoking facility and smoking of any kind is prohibited. For the benefit of other guests, please keep your mobile devices on silent mode at all times.

#### **VALUABLES**

We recommend that you remove all jewelry and valuables, and secure them in your villa, safe prior to visiting the spa to avoid damage or loss.

#### SPECIAL CONSIDERATIONS

Some treatments can be adapted to accommodate illness, surgery, pregnancy or other medical conditions. Please contact the Spa directly for advice.



## Monthly Complimentary Activities

#### MORNING ADVENTURES

#### NATURE HIKE

1 hour, departs at 6 a.m. | Mondays, Wednesdays, and Saturdays

Begin your unforgettable adventure as dawn breaks over the landscapes of El Nido. Guided by local experts, uncover the rich tapestry of the region—from its vibrant flora and fauna to the cultural meaning woven into each sunrise. Let nature's first light illuminate more than just the view of this extraordinary island destination.

#### **GUIDED HOUSE REEF SNORKELING**

1 hour, departs at 7 a.m.

Dive into an unforgettable underwater journey led by our seasoned snorkeling guides. Discover hidden gems beneath the surface and encounter the vibrant marine life that makes these waters truly magical.

#### SEASIDE EXPLORATION

3 hours, departs at 8 a.m.

Discover El Nido's aquatic wonders in a kayak journey through the serene emerald waters of the Big Lagoon, framed by majestic limestone cliffs. Dive into an unforgettable underwater adventure at Entalula Beach, forging a deep connection with the underwater wonders.

#### COASTAL WONDERS ADVENTURE

4 to 5 hours, departs at 8:30 a.m.

Set out on an unforgettable coastal adventure in El Nido. Paddle through the serene Small Lagoon, snorkel amid vibrant marine life at Shimizu Island, and unwind with a refreshing swim at the secluded Secret Lagoon. A perfect blend of exploration, adventure, and relaxation.

#### A DAY OF ISLAND BLISS

3 to 4 hours, departs at 9 a.m.

Immerse yourself in El Nido's natural beauty with a day of adventure and relaxation. Swim, sightsee, and hike Snake Island's shifting sandbar, then explore the historic depths of Cudugnon and Cathedral Caves. End with a sumptuous feast amid lush rainforest and azure waters.

## Monthly Complimentary Activities

#### AFTERNOON & EVENING ADVENTURES

#### **NATURE HIKE**

1 hour, departs at 4 p.m. | Available only on Tuesdays, Thursdays, and Saturdays; maximum of 10 persons

A journey of the senses, this immersive experience draws you closer to the island's natural splendor. As the sun begins to set, find a comfortable spot to take in the view. Watch the sky shift from bright orange to soft purple, casting long shadows across the landscape and a warm glow over the nearby islands.

#### NIGHT SKY WONDERS

45 minutes, 7:30 p.m. | Available only on Wednesdays and Saturdays

Join us for a magical evening beneath the stars as our expert guides help you explore the night sky—identifying constellations, planets, and other celestial wonders.

#### RESORT AFTERNOON ACTIVITIES

Make the most of your day with resort-based activities like kayaking, paddleboarding, or simply soaking up the sun. Whether you're seeking adventure or relaxation, each moment offers a perfect balance of excitement and island serenity.

#### MOVIE NIGHT

8 p.m. | Available only every Friday

Experience an enchanting evening of film and island charm every Friday. Set against the tranquil backdrop of the beach, enjoy a specially selected film under the stars as the ocean breeze sets the mood. Settle in and savor popcorn as you take in a relaxed, open-air cinematic experience — an island evening to remember.

Meeting place for island tours is at the Beach Bar. For Nature Hike, meeting area is the Guest Activity Center.

All activity schedules are subject to change depending on tide and weather conditions.

Booking of all activities will be accommodated at the resort, daily from 6 a.m. until 7 p.m. to ensure allocation of boats and guides the following day.

For all these activities, we require swimwear, comfy clothes, slippers/aqua shoes, and rubber shoes for safety and a better experience.

All visitors to the Big and/or Small Lagoons 6 years old and above are required to pay Php200 per person, per lagoon visit in line with the efforts of the Protected Area Office (PAO) of El Nido-Taytay. This will be charged to your room for your convenience.

House reef snorkeling nature hike are thoughtfully guided during the scheduled times listed above, ensuring an enriching and safe experience. Guests are also welcome to enjoy other resort activities at their own pace, with gentle consideration for personal safety and comfort.

Island-hopping tours outside the given schedule may be booked but are subject to standard chartered boat rates.

 $\mbox{Dial "0"}$  to schedule your tours with our Front Office Associate.

## Bacuit Bay



Bacuit Bay, with its 45 islands and islets, has been a protected area since 1984. Currently, El Nido and Taytay is a Managed Resource Protected Area, covering 90,391 ha, with 36,018 ha of land and 54,303 ha of marine waters.



### Guest Services

#### MEDICAL SERVICES

A doctor or a nurse is always available on our Island and may also be called in for consultation and for treatment, if necessary. First aid kits and oxygen resuscitator equipment are also available. Fees for consultation and medicine may be charged accordingly.

#### **GUEST EXPERIENCES CENTER**

A Guest Experiences Coordinator will assist you in planning and designing your itinerary during your stay at the resort. Each day, they will work with you to coordinate the schedule of activities for the following day. By sharing your preferred activities with us, our Coordinator will be able to tailor your island experience to ensure it is as enjoyable as possible. Our Guest Experience Coordinators are available daily from 6:00 a.m. to 7:00 p.m.

#### MARINE SPORTS FACILITIES

Kayaks and stand-up paddleboards (SUP) are available at the Beach Club upon request and are subject to availability. Please consult with your Guest Experiences Coordinator for more details.

#### DIVING

There are 16 dive sites to choose from in El Nido. Certified divers are required to present their C-card, logbook or proof of certification to dive. The resorts strictly follows a "no c-card, no dive" policy.

#### PRIVATE DINING

Private dining is available on a per booking basis. Enjoy a unique private dining experience with a fabulous meal either at the resort's beachfront or on a private island. Choose your own dining venue and menu for a special evening. Our Guest Experiences Coordinator and F&B team are here to assist you.

#### VILLA ROOM SERVICE

Guests may choose to have their meals delivered to their villas. Meal delivery to the villa is subject to a tray charge of Php1,000 for breakfast and Php1,500 for lunch and dinner. Tray charges do not apply for drink-only orders and lunch and dinner orders by guests on a bed & breakfast plan.

## Pangulasian Facilities

#### AMIANAN RESTAURANT

With its open-air design, the space invites you into a world of coastal elegance. Delight in a culinary journey of Filipino flavors and global cuisine, all while basking in the gentle sea breeze. Open daily from 6:30 a.m. to 9:30 p.m.

#### LIBRARY

Our Library is a small literary sanctuary, where the world's knowledge comes alive, and the magic of storytelling unfolds. Open 24 hours.

#### **SPA**

The Spa is available in each island destination throughout El Nido Resorts from 9 a.m. to 10 p.m., offering a blend of traditional and Western therapeutic philosophies. Experience relaxation redefined with treatments, including scrubs and wraps, and body and facial massages.

#### FITNESS CENTER

Our gym is equipped with fitness machines, cardio equipment, free weights, treadmills and weightlifting station with calm views. Open from 6 a.m. to 10 p.m.

#### **SWIMMING POOL**

The pool area features comfortable lounge chairs, perfectly positioned for you to soak up the sun's warm embrace or relax in the cool shade of the cliffs The sea breeze gently rustles through the air, carrying with it the invigorating scent of saltwater. Open from 6 a.m. to 10 p.m.

#### **BOUTIQUE**

The Boutique offers beachwear, souvenir items, and personal care products. Located on the lower level of the main resort building, it is open daily from 7 a.m. to 9 p.m. For your convenience, cashless payments and room charging are encouraged.

### Front Desk Services

#### FRONT DESK

The Front Desk is located at the cabana in the center of the resort and is open 24 hours a day for your convenience.

#### **CHECK-IN TIME**

Standard check-in time is at 3 p.m. Early check-in is subject to room availability.

#### **CHECK-OUT TIME**

Standard check-out time is at 12 p.m. Late check-out is subject to availability.

FLIGHT RE-CONFIRMATION AND TRANSFER SCHEDULES For assistance with flight reconfirmation and boat transfer schedules, please contact the Front Desk. Our team will be happy to assist you.

#### WAKE-UP CALLS

To arrange a wake-up call, kindly reach out to the Front Desk.

#### SETTLING OF ACCOUNTS

While cash payments are accepted, we encourage cashless transactions for your ease and safety. We accept Philippine Pesos, US Dollars, Euros, Hong Kong Dollars, Australian Dollars, and Japanese Yen, based on the prevailing exchange rate set by the Bangko Sentral ng Pilipinas (BSP). For early morning or midday departures, we recommend settling your account the evening before or at least one hour before your scheduled boat departure. For all other departures, standard check-out time remains at 12 p.m.

#### **CREDIT CARDS**

We honor major international credit cards including American Express, Mastercard, Visa, and others.

#### SERVICE CHARGE AND GOVERNMENT TAX

A 1% service charge and 12% value-added tax (VAT) apply to accommodations, boutique purchases, food and beverages, spa treatments, diving activities, and private boat rentals. All rates stated in this directory are inclusive of these charges.

#### **GUEST QUESTIONNAIRE**

To help us continually enhance your experience, a Guest Questionnaire will be sent to your email the night before your departure. Your thoughtful and honest feedback is sincerely appreciated.

# Curated Amenities and Services

#### SHOE SHINE SERVICES

We offer a complimentary daily shoe-shine service. Shoes collected by 7 p.m. will be returned by 8 a.m. the next day. To request this service, dial "0".

#### INDIVIDUAL VILLAS

To contact guests in other villas, please dial "21" followed by the villa number you wish to call. For example, to call villa 1, dial "2101".

#### LIFE VESTS

For your safety, please wear life vests during boat transfers and all marine sports activities.

#### WI-FI INTERNET

Internet access is available in your villa, as well as the restaurants. You will be provided with your own password for your convenience within the duration of your stay. For assistance dial "0"

#### SEWAGE TREATMENT PLANT (STP)

To save water and protect the environment, we have set up our own STP, which recycles water for flushing toilets. Please help us maintain our STP. Do not flush non-biodegradable items such as sanitary napkins, cigarette butts, plastic wrappers and rubber materials down the toilet.

#### MONKEY-FRIENDLY REMINDERS

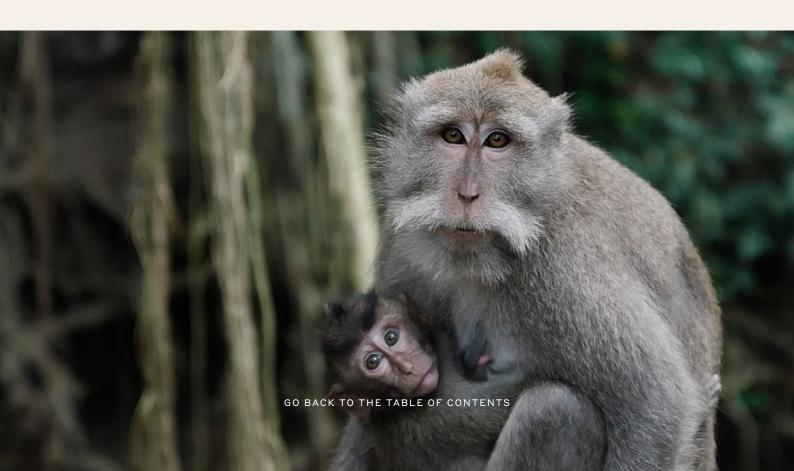
ALWAYS CLOSE & LOCK YOUR DOOR WHEN LEAVING YOUR ROOM. Our mini-bar snacks are so tasty that even monkeys can't resist.

DO NOT LEAVE ANY VALUABLES UNATTENDED AT THE VERANDA. Keep a close eye on your valuables. Our clever, curious monkey neighbors are always on the lookout for something shiny or new. Phones, cameras, and anything that catches their eye might just become their next playful prize.

DO NOT FEED THE MONKEYS Monkeys play a vital role in our ecosystem by dispersing seeds and helping to fertilize the forest. Feeding them may harm their health and upset the delicate balance of island life. Plus, offering food teaches them that they're in charge—and trust us, you don't want a monkey thinking it's the boss of you.

DO TAKE LONG-RANGE PHOTOS INSTEAD OF SELFIES. Doing so keeps you safe and will not alter their natural behavior. Just like you, they love Pangulasian Island for the privacy it offers.

For any concerns with Pangulasian's resident Philippine Native Long-tailed Macaques (Macaca fascicularis philippinensis), please dial "0" for Front Desk assistance.



#### JELLYFISH & PLANKTON

With the tide and current bringing in nutrient-rich waters, more plankton (including jellyfish larvae) and adult jellyfish can be expected from December to February. To avoid getting stung by its stinging cells called nematocysts, guests are advised to:

WEAR PROTECTIVE CLOTHING such as rash guards.

SHOWER UPON REMOVAL OF SWIMWEAR as larvae can get trapped underneath bathing suits.

IF STUNG, our marine sports guides are equipped with vinegar for first aid treatment. For additional relief, our resort doctor can provide calamine cream and antihistamine tablets.

IF YOU WISH TO LEARN MORE ABOUT THESE INTERESTING CREATURES, you may also speak with our Environmental Officers.

#### SNORKELING ETIQUETTE

Become a guardian of the ocean in conservation by following these simple guidelines.

#### KEEP CALM AND FLOAT ON

Wear your lifejacket and maintain steady buoyancy. Swim gently and observe marine life from a respectful distance—this calm approach helps our sea friends feel safe and undisturbed.

#### FISH FOR INFORMATION

Dive deeper into the underwater world by learning about the incredible creatures you encounter. Borrow our reference books or chat with our expert guides and resident Environmental Officers to enrich your snorkeling experience.

#### LEAVE NOTHING BUT BUBBLES

Protect the ocean by never leaving litter behind. Help our fish and turtle friends by picking up any trash you spot while snorkeling—every small act counts.

#### BE SAFE AND GO REEF-SAFE

Choose sunscreens free from harmful chemicals like oxybenzone and ethylhexyl methoxycinnamate to protect delicate coral reefs. Always check your sunscreen's ingredients before applying.

#### SNORKEL WITH A BUDDY

For your safety, always snorkel with a buddy, whether it's a guide, friend, or fellow traveler. Watching out for each other ensures a worry-free adventure traveler.

#### RESPECT THE CORALS—DON'T KICK OR STEP ON THEM

Corals are living animals, often taking centuries to grow just a meter. Avoid standing on or kicking corals to prevent damage and harmful siltation.

#### LEAVE NATURE AS YOU FIND IT

Resist the temptation to collect shells, sand, corals, or marine creatures as souvenirs. Each element plays a vital role in the ecosystem—take only memories and leave only footprints.

#### DON'T ANCHOR ON THE REEF

Ensure your boat anchors safely away from coral reefs. If you notice destructive practices, report them immediately to your guides or the resident Environmental Officer.



#### TEN EL NI-DOS

At our core, we believe that true hospitality begins with honoring the natural world. We invite every guest to join us in protecting El Nido's breathtaking environment by embracing this code of conduct — a commitment to responsible tourism that nurtures both nature and community.

DO admire the corals but remember that they are very delicate — damaged when touched, stood upon, or walked on.

DO treat the island's terrestrial and marine creatures with the same kindness and respect you would show to people, honoring their space and natural rhythms.

DO take home everything you bring to El Nido — especially plastics and non-biodegradable waste. Beach litter threatens the ecosystem and spoils the pristine shores we all cherish.

DO help preserve El Nido's crystal-clear waters, powder-white sands, and lush forests by disposing of cigarette butts, aluminum cans, and plastic wrappers properly. These items harm wildlife when mistaken for food and linger for generations.

DO engage warmly with the local community, appreciating their rich culture and traditions while honoring their way of life.

DO marvel at the unique marine and land formations without disturbing them, leaving nature's art untouched for future visitors. Remember, even the seemingly endless shells on the beach are finite treasures.

DO recognize that every element of El Nido's ecosystem is connected — each organism and object plays a vital role in maintaining balance.

DO commit personally to living ethically and sustainably, for the sake of ourselves, our children, and the generations to come.

DO embrace the responsibility to protect and restore our Earth, understanding that what we give to nature, nature returns in kind.

DO respect all forms of life and the limits of El Nido's ecosystem. Together, through mindful actions, we can ensure that this paradise remains as rich and vibrant as it is today.

#### **EMERGENCY EVACUATION PLAN**

#### NOTICE TO OUR GUESTS

For your safety, please take note of the following emergency procedures:

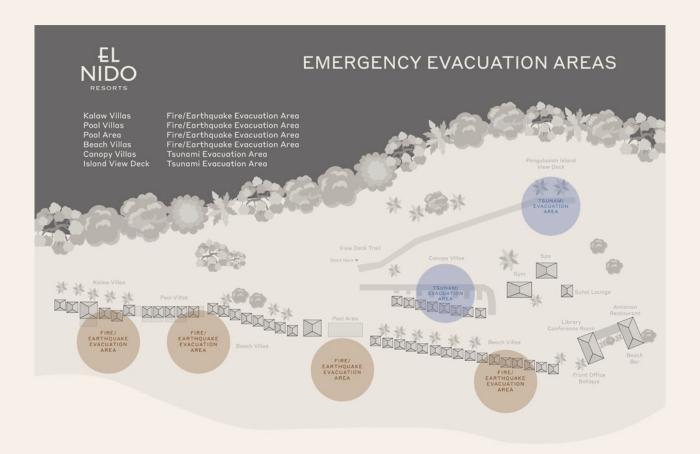
In the event of an emergency, a resort siren will sound. All guests must immediately cease ongoing activities and proceed to the designated evacuation areas located at the Canopy Villa and the View Deck.

Guests staying in Beach Villas should head to the evacuation area behind the Canopy Villa, following the trail toward the View Deck.

In case of fire, a fire extinguisher is provided in your room. Please refer to the instructional card attached to the unit for proper usage.

Remain calm, stay alert, and follow the signs to your designated evacuation area.

For emergency assistance, please dial "0" for the Operator or Front Desk.





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