

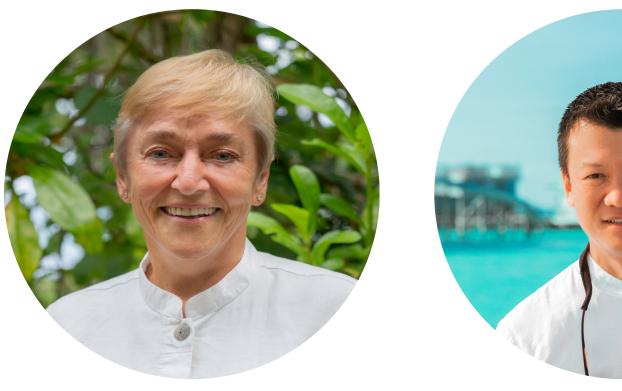








# Introducing our General Managers and Reservations Team:

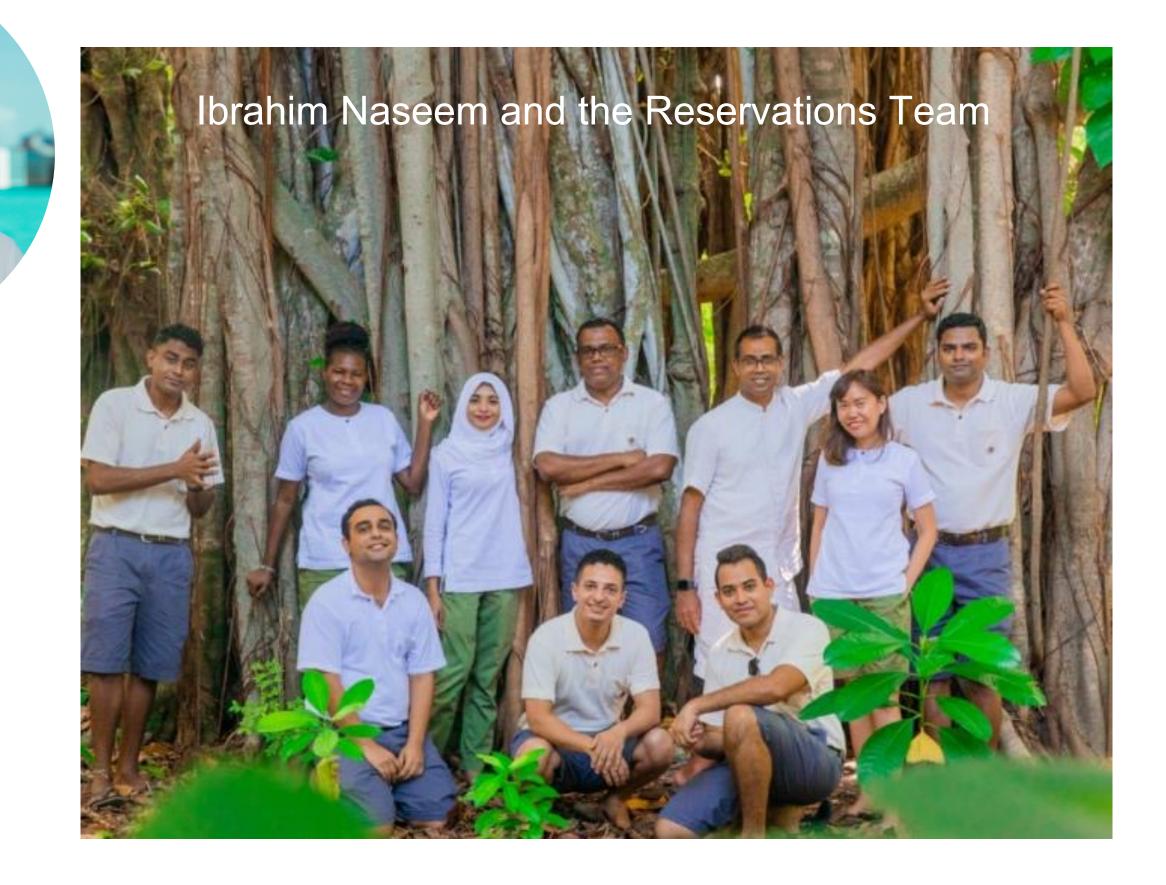


Karin Van Zyl
General Manager
Soneva Kiri

Eddie Teh
General Manager
Soneva Jani



Gerhard Stutz
General Manager
Soneva Fushi



# Core Purpose

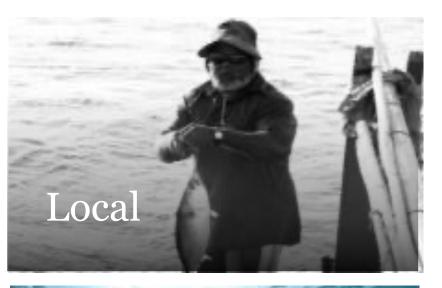


# "We create imaginative and engaging SLOW LIFE."

Our guiding principle is to create "intelligent luxury" by combining luxury and sustainability.















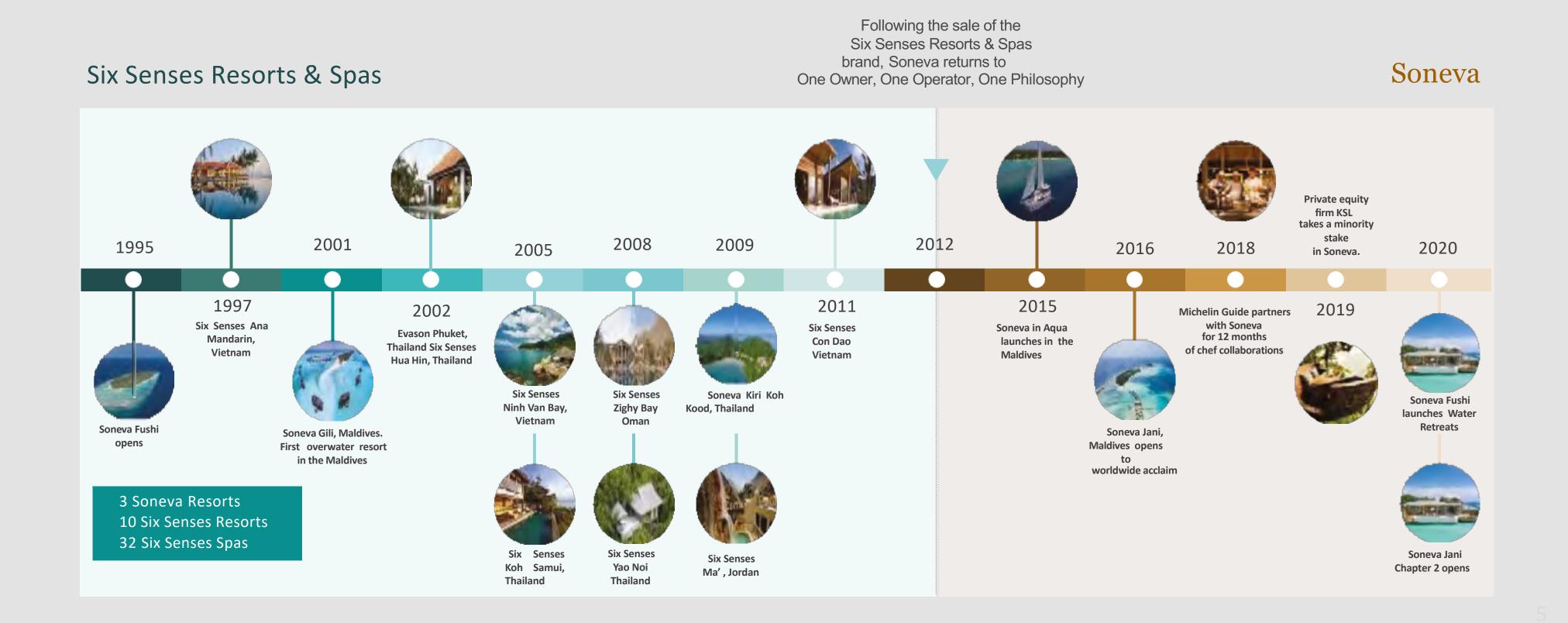


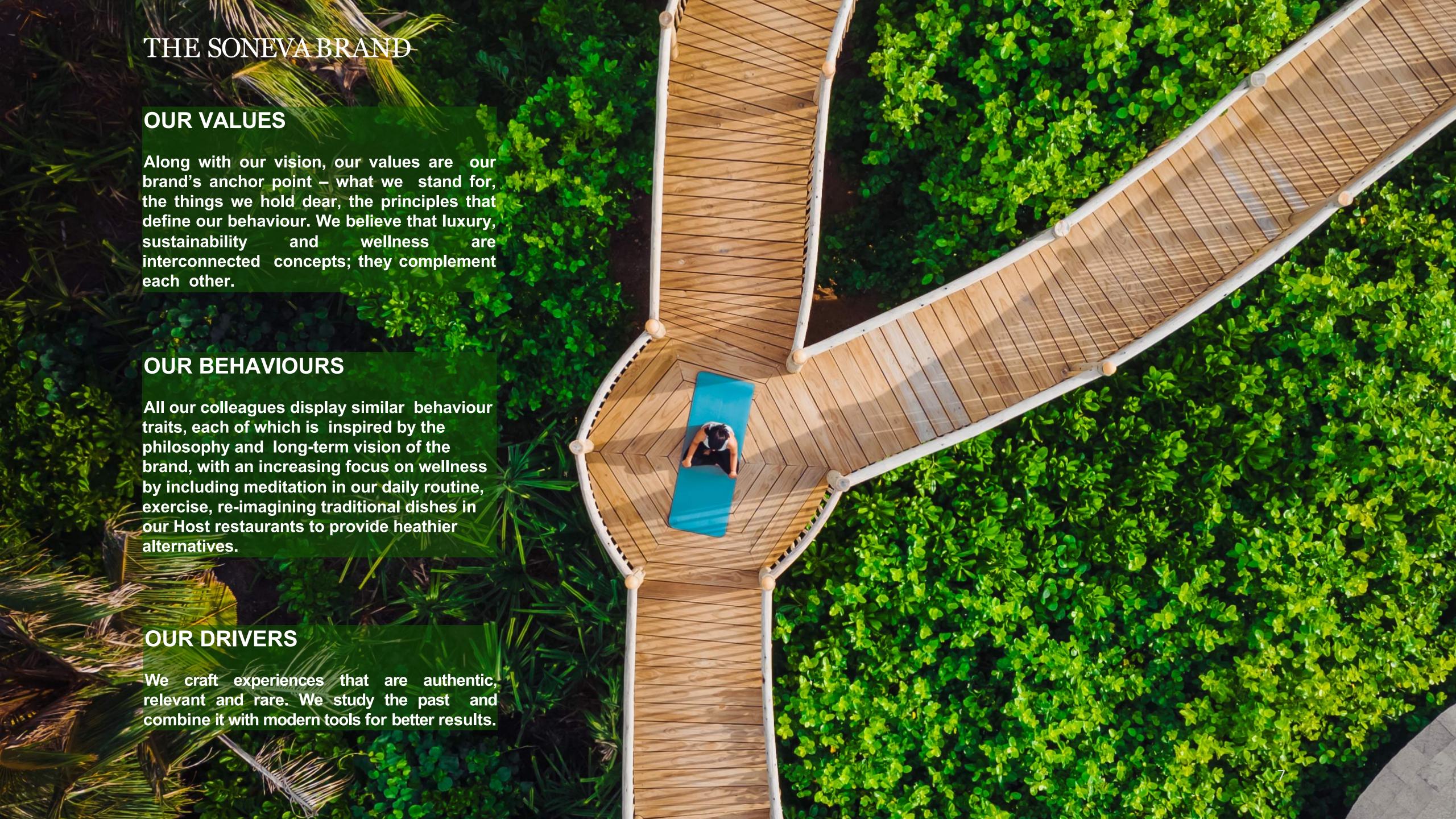
### OUR HERITAGE

Soneva Fushi, the first Soneva resort, opened in the Maldives in 1995. These beginnings led to the founding of Evason and Six Senses Resorts and Spas.

After nearly two decades of successful development, which included the launch of three Soneva resorts, 10 Six Senses and Evason branded resorts and 32 Six Senses Spas, in 2012 Soneva sold the Six Senses Resorts and Spas brand to Pegasus Capital, a US private equity investor. This sale enabled Soneva to focus on its 'One Owner, One Operator, One Philosophy, One Brand' strategy.

From this strong base of heritage, experience and a robust asset portfolio, Soneva is focused on developing a portfolio of resorts and pioneering concepts that set new benchmarks for luxury hospitality and wellness.







### OUR FOUNDERS

When Sonu and Eva built Soneva Fushi on the deserted island of Kunfunadhoo, little did they know that their vision of locally crafted villas and an environmentally responsible lifestyle would form the basis of a successful collection of world-class resorts and spas. Soneva Fushi became a blueprint for all 'barefoot luxury' resorts and pioneered a remarkable array of sustainable business practices that are now considered the norm across the industry.

### Sonu Shivdasani CEO & Joint Creative Director

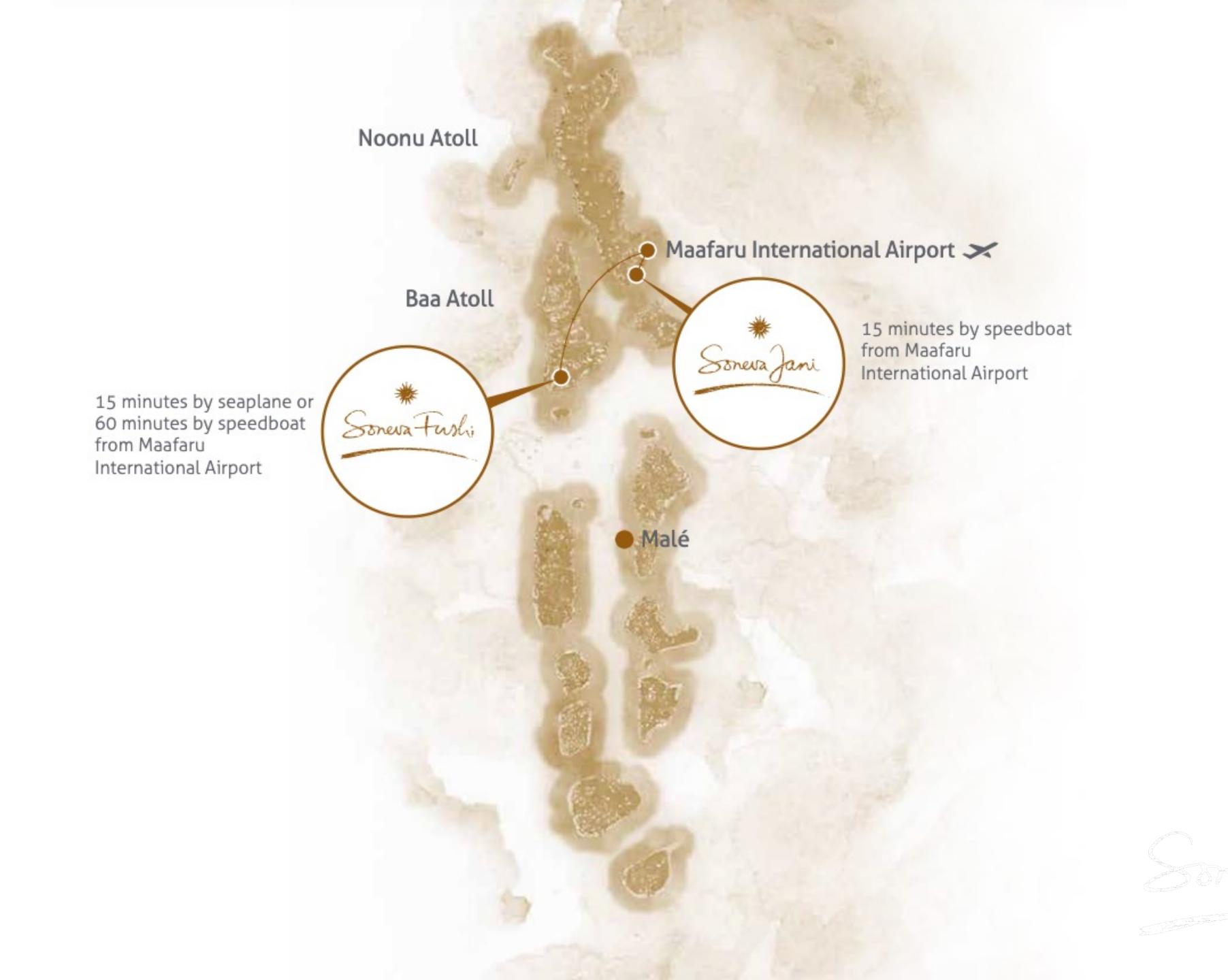
Sonu guards and nurtures Soneva's culture by emphasising the beliefs, values and language that drive behaviour within our organisation. Born in England, he was mostly educated there, with some time spent studying in Nigeria and Switzerland. He is an alumnus of Eton College and a graduate of Oxford University, where he earned an MA in English Literature. During his time at Oxford, Sonu met his Swedish-born wife, Eva. They fell in love with the Maldives and leased an island there in 1990. After some effort and considerable good luck, their first resort, Soneva Fushi, opened in 1995. As a pioneer for luxury and environmental responsibility, Soneva Fushi redefined tourism in the Maldives and soon became known as the country's premier island destination.

### **Eva Malmström Shivdasani** Creative Director

Eva has the challenging role of creating and overseeing all of Soneva's interior designs. During the 1970s and 80s, she was a top fashion model, appearing on the covers of more than 100 prestigious magazines worldwide. She also ran a successful clothing company, LEVA in Paris. Passionate about the environment and sustainability, Eva's real flair is in her impeccable taste, innovative and unconventional ideas and her overall daring approach that ensures a different 'feel' for every project. Her attention to detail is legendary among her colleagues. Eva's philosophy marries absolute luxury for Soneva guests with her unwavering commitment to using local and sustainable materials, resources and skills.







# Soneva Fushi At a Glance

### VILLAS

| Villa Type  | Size<br>(sqm) | Number<br>of Rooms | Number<br>of Villas |
|---|---------------|--------------------|---------------------|
| Soneva Fushi Family Villa Suite with Pool               | 360           | 1+1                | 11                  |
| Crusoe Suite with Pool                                  | 264           | 1                  | 7                   |
| 2 Bedroom Crusoe Residence with Pool                    | 330           | 2                  | 8                   |
| 2 Bedroom Crusoe with Pool                              | 739           | 2                  | 1                   |
| 2 Bedroom Soneva Fushi Villa with Pool                  | 285           | 2                  | 1                   |
| 2 Bedroom Soneva Fushi Villa Suite with Pool            | 395           | 2                  | 1                   |
| 2 Bedroom Crusoe Suite with Pool                        | 412           | 2                  | 5                   |
| 2 Bedroom Crusoe Suite with Pool (Sunset Retreat)       | 739           | 2                  | 1                   |
| 3 Bedroom Beach Retreat with Pool                       | 566           | 3                  | 3                   |
| 3 Bedroom Crusoe Suite with Pool                        | 649           | 3                  | 1                   |
| 3 Bedroom Sunrise Retreat with Pool (Villa 2)           | 884           | 3                  | 1                   |
| 3 Bedroom Beach Retreat with Pool (Villa 65)            | 665           | 3                  | 1                   |
| Villa 1   | 1,142         | 3                  | 1                   |
| Villa 41  | 1,420         | 3                  | 1                   |
| Villa 14  | 1,370         | 3                  | 1                   |
| 4 Bedroom Soneva Fushi Villa Suite with Pool            | 721           | 4                  | 2                   |
| 4 Bedroom Soneva Fushi Villa Suite with Pool (Villa 19) | 1,056         | 4                  | 1                   |
| Villa 15  | 1,557         | 4                  | 1                   |
| Jungle Reserve  | 1,590         | 4                  | 1                   |
| Villa 38  | 1,427         | 4                  | 1                   |
| Villa 37  | 1,824         | 5                  | 1                   |
| Villa 42  | 2,289         | 6                  | 1                   |
| Sunset Reserve  | 2,289         | 6                  | 1                   |
| Private Reserve   | 3,048         | 9                  | 1                   |
| 1 Bedroom Water Reserve With Slide                      | 585           | 1                  | 5                   |
| 2 Bedroom Water Reserve with Slide                      | 857           | 2                  | 3                   |
| TOTAL   |               |                    | 61                  |

### USPs

| Direct Beach or Ocean Access from All Villas                             |
|--|
| Located within the Baa Atoll UNESCO<br>Biosphere Reserve                 |
| 14 Dining Concepts   |
| Outdoor Cinema Paradiso  |
| Observatory with 3D Telescope  |
| Eco-Friendly Surfing   |
| Soneva in Aqua Experiences   |
| The Den - One of the Largest Children's &<br>Teen's Club in the Maldives |
| Eco Centro Waste-to-Wealth   |
| Private Sandbank   |
| Art & Glass Studio   |
| Soneva Stars Calendar  |
| Makers' Place Recycling Studio   |
| Soneva Academy Courses   |
| Coral Regeneration Project   |
| AquaTerra Science, Education & Research<br>Centre                        |
| Flying Sauces - The World's First Zipline Fine Dining Experience         |
| Soneva Soul Wellness Centre  |
| Watersports, Diving & Snorkelling  |
| Open-air & Covered Tennis Courts   |
| Padel Tennis Court   |
| No News, No Shoes  |
| Barefoot Guardian  |
| Complimentary Ice Cream, Chocolate,<br>Cheese & Charcuterie Rooms        |
|  |

### Resort Map

#### RESORT FEATURES

- Mihiree Mithaa
- B By The Bar
- Water Sports Champa
- 悡 Down to Earth
- Guest Relation Champa
- (E1) Gift Shop
- Table Tennis Champa
- Soneva Online Retail Shop
- The DEN
- Shades of Green
- Soleni Dive Centre
- Soneva Soul
- Gym

- Pa ddle Tennis Court.
- Fresh in the Garden
- Aquaterra
- (The Observatory)

- (X) Out of the Blue
- (Z) Jungle Gym



★ Snorkelling Access Points

•••• Jogging Trail

Updated May 2 023

- So Glasscycle Art & Glass Studio
- Barefoot Bookshop

- Out of the Sea

- N
- Guest Volley ball Court
- 0 Tennis Court
- Covered Tennis Court

- Ever Soneva So Celestial
- R Eco Centro
- Turtle Beach Yoga Champa
- Cinema Paradiso
- ℩ So Primitive
- Gzurstrassen Jewellery Galleria
- Kannai Arrival Jetty
- Seaplane Pick Up/Drop Off
- Zipline Trail
- (Y) Flying Sauces
  - - 17. Crusoe Suite with Pool

SO NEVA JA NI

TURTLE BEACH

(32 NAUTICAL MILES)

19. 3 Bedroom Beach Retreat with Pool

20. 2 Bedroom Crusoe Residence with Pool

3 Bedroom Sunrise Retreat with Pool (Villa 2)

So neva Fushi Family Villa Suite with Pool

2 Bedroom Crusoe Suite with Pool

2 Bedroom Crusoe Suite with Pool

3 Bedroom Beach Retreat with Pool

2 Bedroom Crusoe Suite with Pool

2 Bedroom Crusoe Suite with Pool

3 Bedroom Beach Retreat with Pool

2 Bedroom Crusoe Suite with Pool

21. Crusoe Suite with Pool

16. Crusoe Suite with Pool

Villa One

11. Villa 11

14. Villa 14

15. Villa 15

22. Crusoe Suite with Pool

SUNSET SIDE

EYDHAFUSHI ISLAND

SUNRISE SIDE

- 2 Bedroom Crusoe with Pool
- 32. 2 Bedroom Soneva Fushi Villa with Pool
- Sone va Fushi Villa
- 34. Soneva Fushi Villa
- 36. Jungle Reserve
- 37. Villa 37

SANDBANK

- Crusoe Suite with Pool 25. Crusoe Suite with Pool
- 26. 2 Bedroom Crusoe Residence with Pool
- 27. 2 Bedroom Crusoe Residence with Pool 28. 2 Bedroom Crusoe Residence with Pool
- 29. 2 Bedroom Crusoe Residence with Pool
- 30. Crusoe Suite with Pool

- 35. Sone va Fushi Villa
- 38. Villa 38
- 41. Villa 41 42. Villa 42

- 43. Sunset Reserve (Villa 43)
- 44. 2 Bedroom Crusoe Residence with Pool 45. 2 Bedroom Crusoe Residence with Pool
- 46. Soneva Fushi Family Villa Suite with Pool
- 47. Soneva Fushi Family Villa Suite with Pool 48. Soneva Fushi Family Villa Suite with Pool
- Soneva Fushi Family Villa Suite with Pool 50. Soneva Fushi Family Villa Suite with Pool
- Soneva Fushi Family Villa Suite with Pool 52. Soneva Fushi Family Villa Suite with Pool
- Soneva Fushi Family Villa Suite with Pool
- 54. Soneva Fushi Family Villa Suite with Pool 55. Soneva Fushi Family Villa Suite with Pool
- 56. Crusoe with Pool
- 57. Crusoe with Pool 58. Crusoe with Pool
- 59. So neva Fushi Villa Suite with pool 60. So neva Fushi Villa Suite with pool

- Soneva Fushi Villa Suite with pool Soneva Fushi Villa Suite with pool
- 63. Soneva Fushi Villa Suite with pool
- 64. Sunset Retreat

DOLPHIN BEACH

★ DHARAVANDHOO

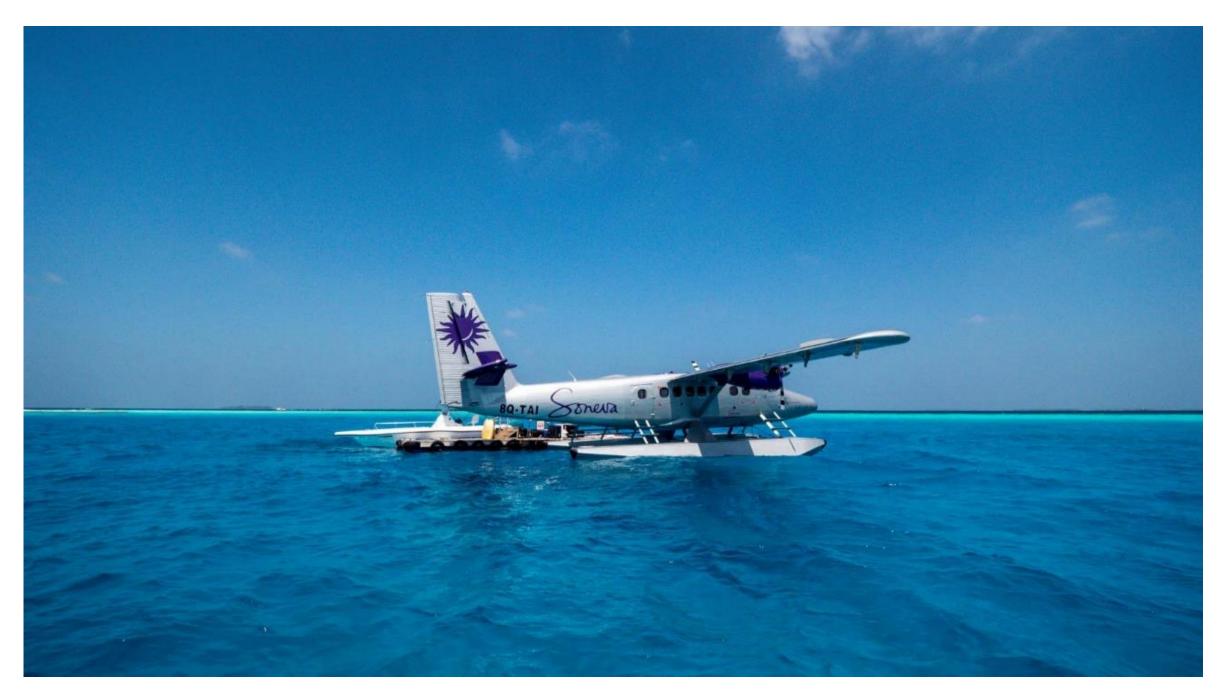
AIRPORT

65. 4 Bedroom Soneva Fushi Villa Suite with Pool 2 Bedroom Soneva Fushi Villa Suite with pool

Soneva Fushi

- 67. 3 Bedroom Crusoe Suite with Pool
- 68. 4 Bedroom Soneva Fushi Villa Suite with Pool
- 69. 4 Bedroom Soneva Fushi Villa Suite with Pool 70. 2 Bedroom Crusoe Residence with Pool
- 81. 2 Bedroom Water Reserve with Slide
- 82. 1 Bedroom Water Reserve with Slide
- 83. 1 Bedroom Water Reserve with Slide 84. 1 Bedroom Water Reserve with Slide
- 85. 1 Bedroom Water Reserve with Slide
- 86. 1 Bedroom Water Reserve with Slide 87. 2 Bedroom Water Reserve with Slide
- 88. 2 Bedroom Water Reserve with Slide









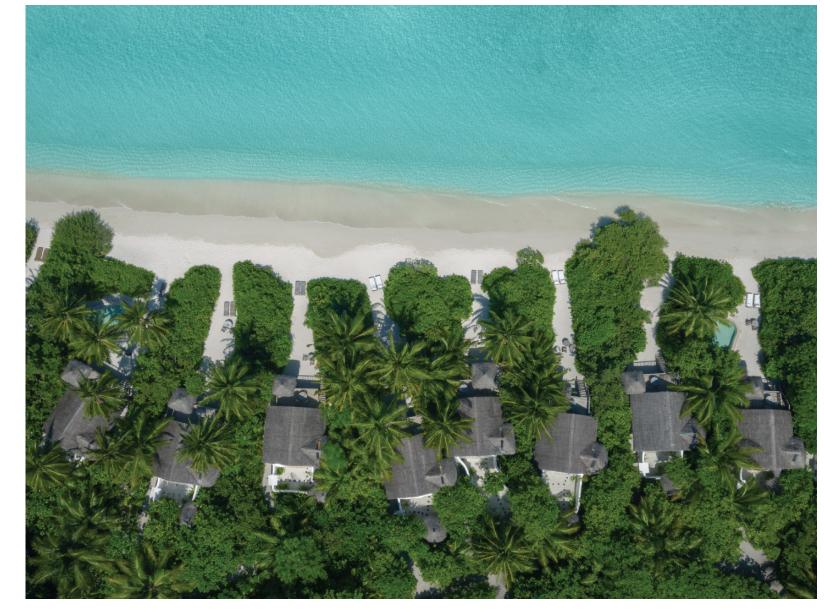
### Maldives



# Island & Villas

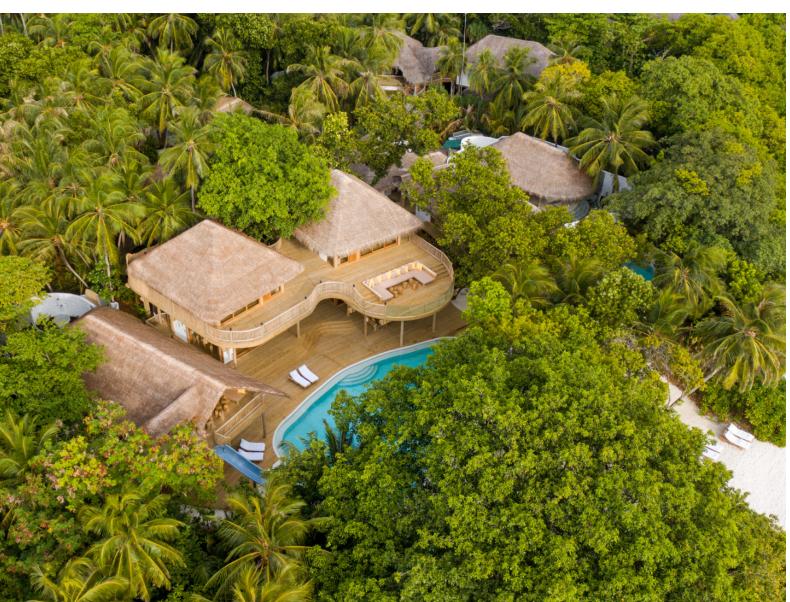












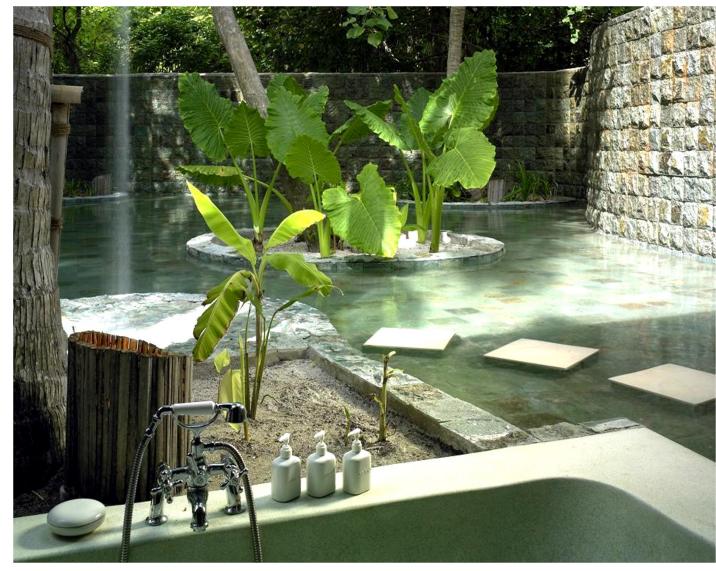






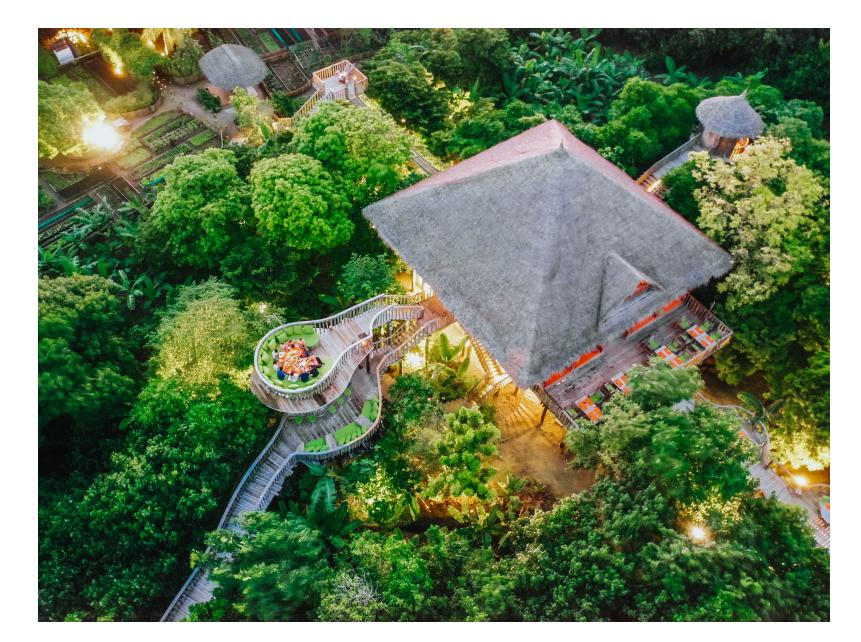








# F&B

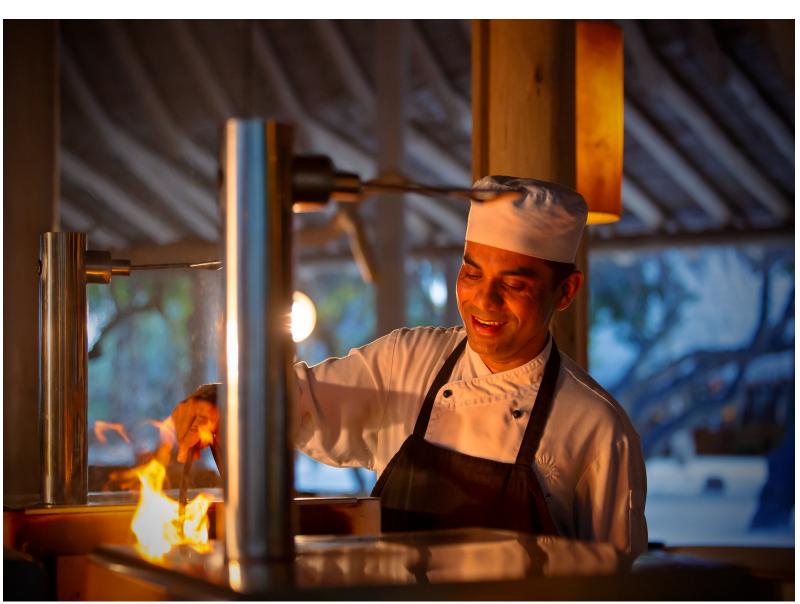






















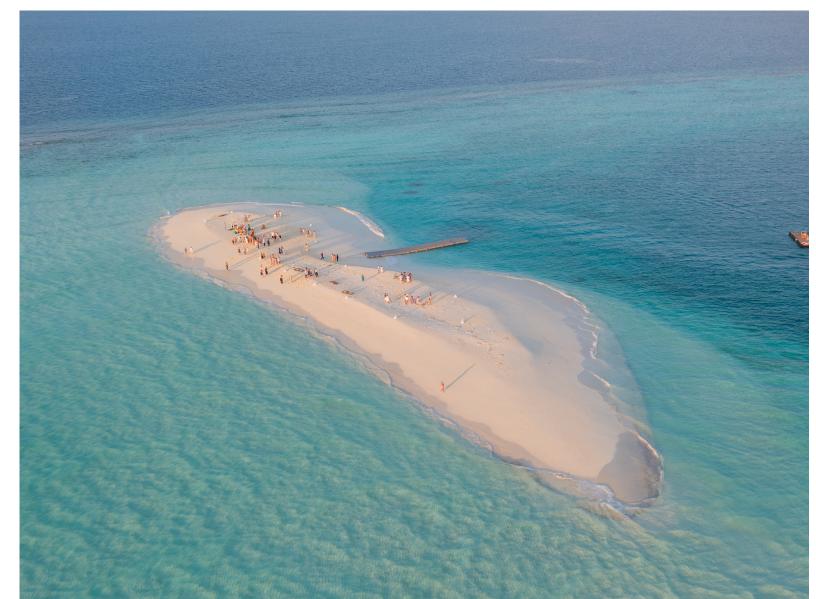


# Experiences

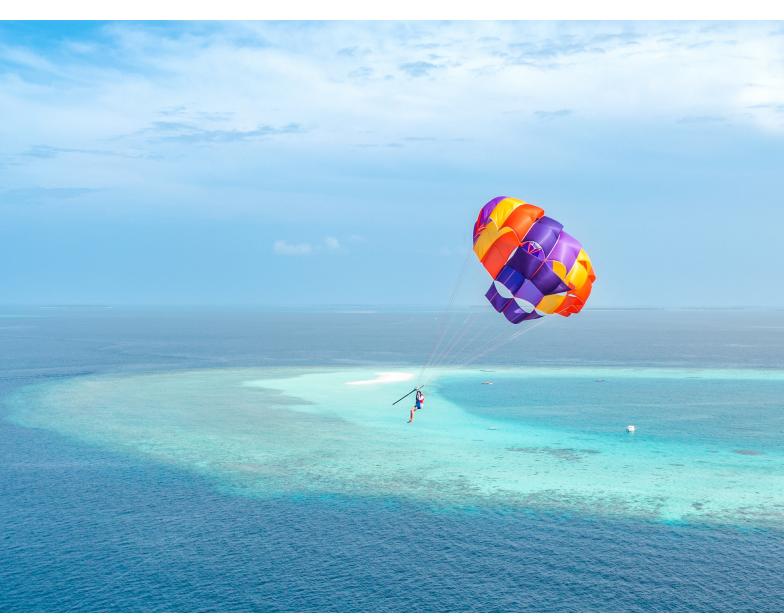








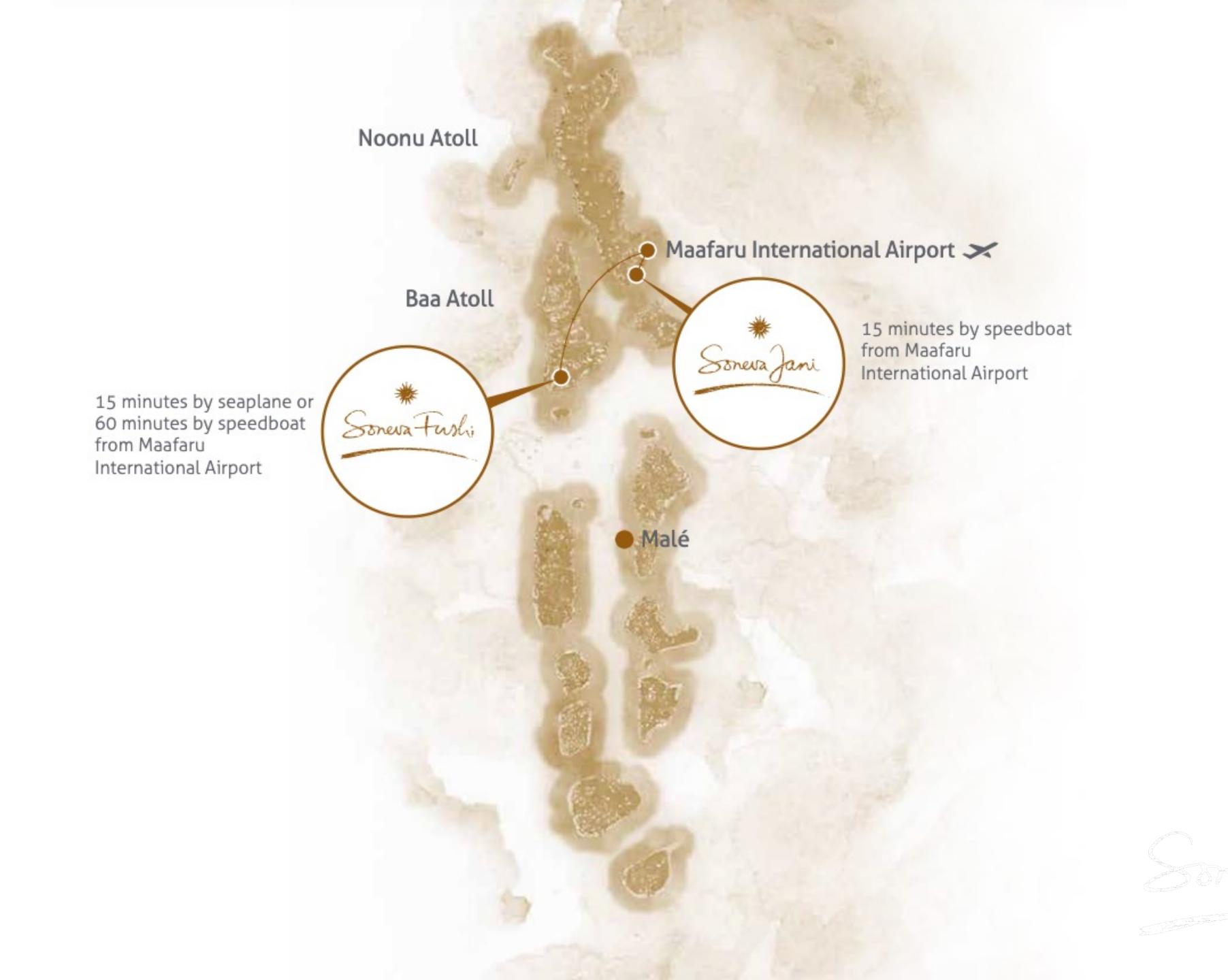












# Soneva Jani At a Glance

## VILLAS

| Villa Type                          | Size<br>(sqm) | Number<br>of Rooms | Number<br>of Villas |
|-------------------------------------|---------------|--------------------|---------------------|
| Beach Hideaway                      | 480           | 1                  | 3                   |
| 1 Bedroom Water Retreat with Slide  | 411           | 1                  | 18                  |
| 1 Bedroom Water Reserve with Slide  | 555           | 1                  | 20                  |
| 2 Bedroom Island Retreat with Slide | 446           | 2                  | 3                   |
| 2 Bedroom Water Retreat with Slide  | 520           | 2                  | 4                   |
| 2 Bedroom Water Reserve with Slide  | 772           | 2                  | 6                   |
| 3 Bedroom Water Retreat with Slide  | 625           | 3                  | 1                   |
| 4 Bedroom Water Retreat with Slide  | 1,291         | 4                  | 1                   |
| 4 Bedroom Island Reserve with Slide | 1,788         | 4                  | 1                   |
| 4 Bedroom Water Reserve with Slide  | 1,421         | 4                  | 1                   |
| Total                               |               |                    | 58                  |

### USPs

**Barefoot Guardian** 

Complimentary Ice Cream, Chocolate, Cheese & Charcuterie Rooms

| CDID   |
|--|
| All Villas with Direct Lagoon Access                                   |
| Largest Lagoon Resort with the Lowest<br>Guest Density in the Maldives |
| Cinema Paradiso with Bluetooth Headphones                              |
| Observatory  |
| Waterslides Into the Lagoon  |
| Water & Island Villas with Retractable Roofs                           |
| The Den, One of South Asia's Largest<br>Children's Zones               |
| Olive Ridley Project Turtle Rehabilitation                             |
| Centre   |
| Eco-Friendly Surfing   |
| Soneva in Aqua   |
| 18 Unique Outlets & Dining Experiences                                 |
| Watersports, Diving & Snorkelling                                      |
| Soneva Soul Island & Over-Water<br>Wellness Centres                    |
| No News, No Shoes  |
|  |





So Chill

So Primitive

South Beach Spa Champa



# Lagoon & Villas

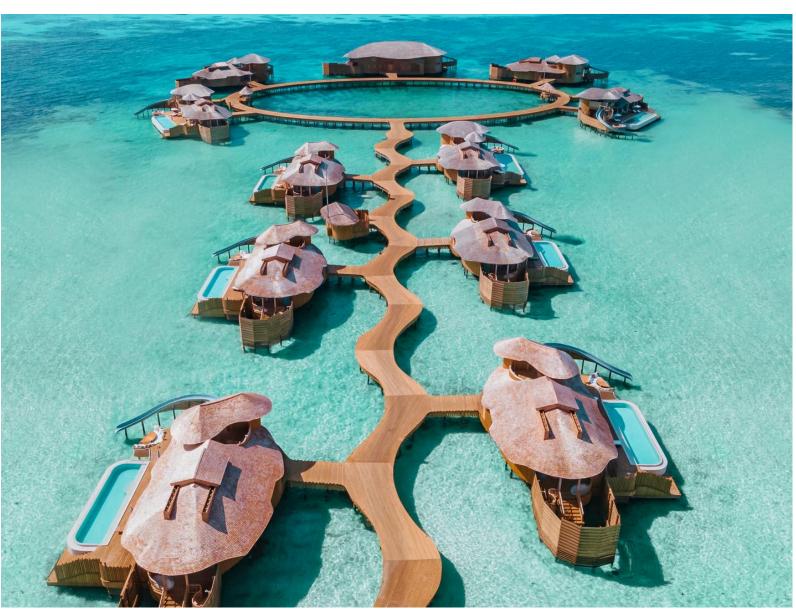




















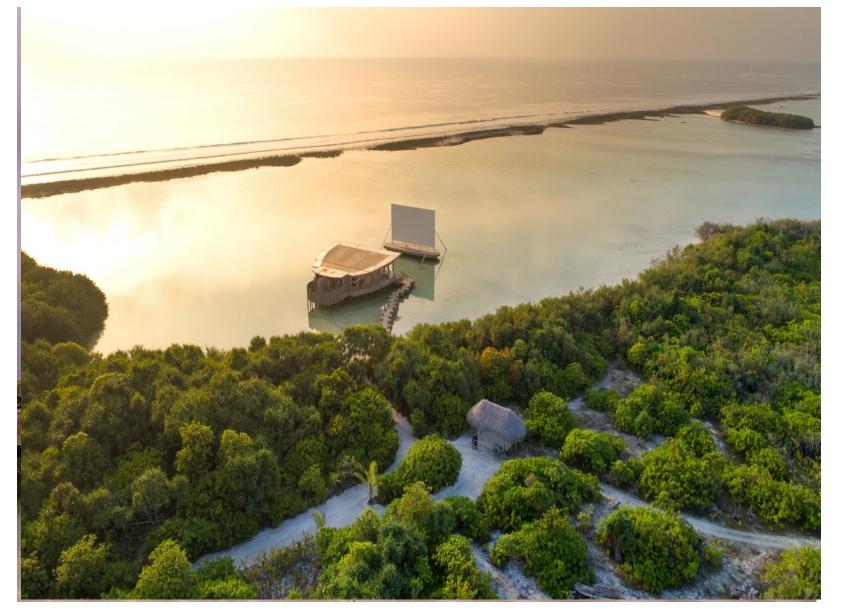
# F&B





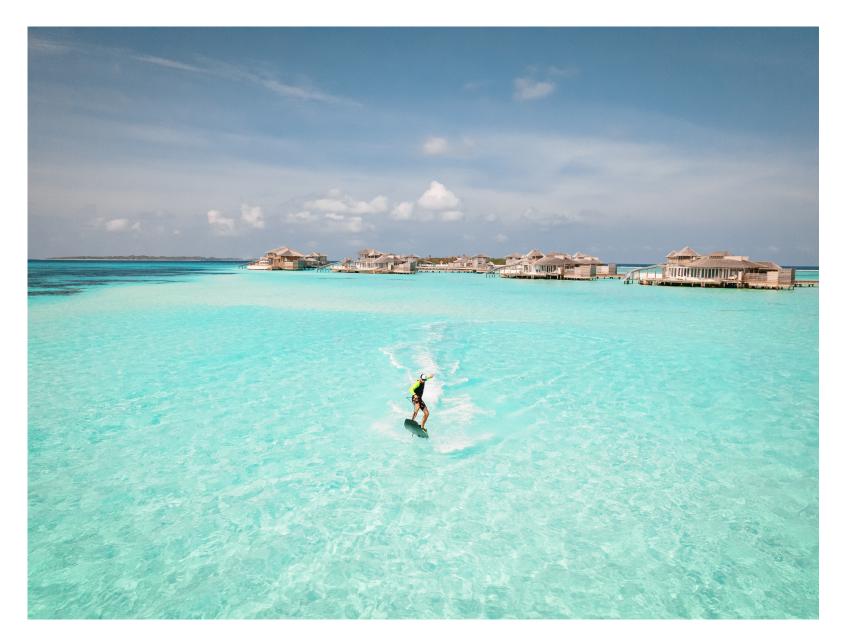




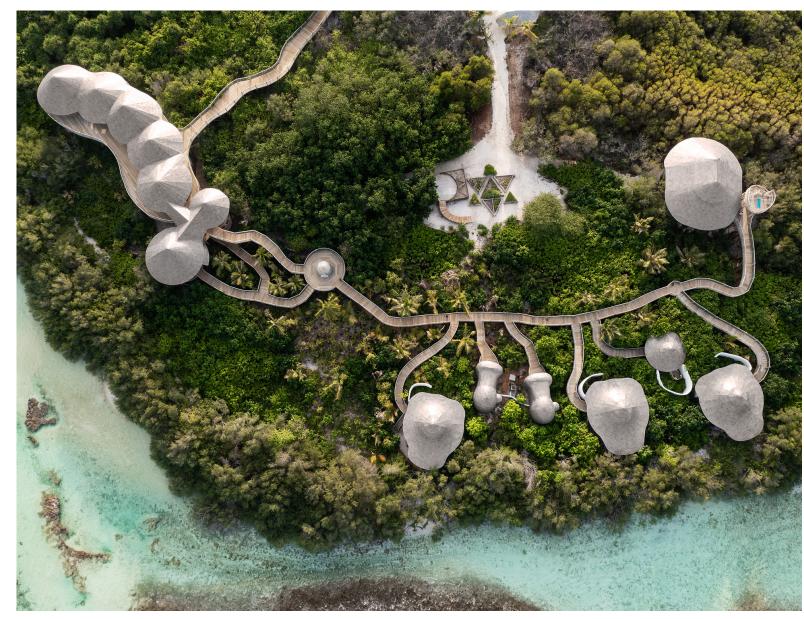


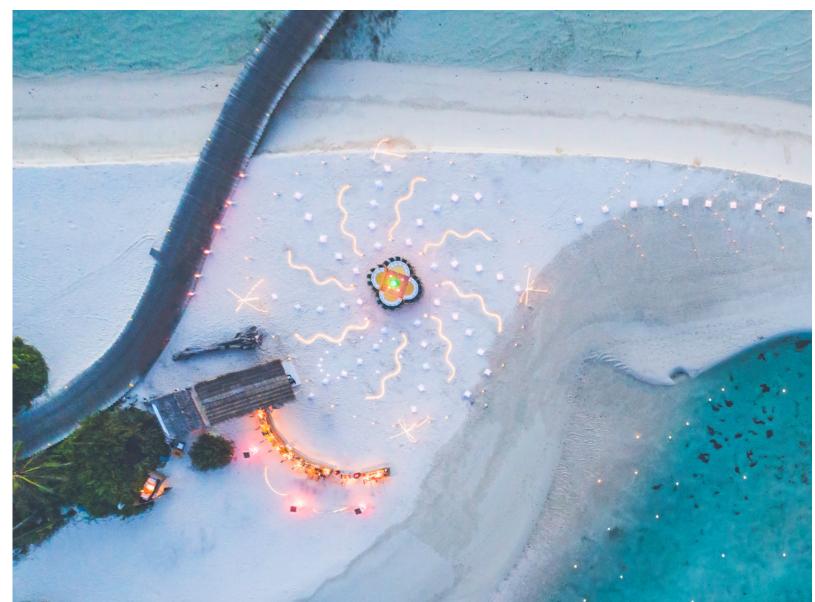


# Experiences























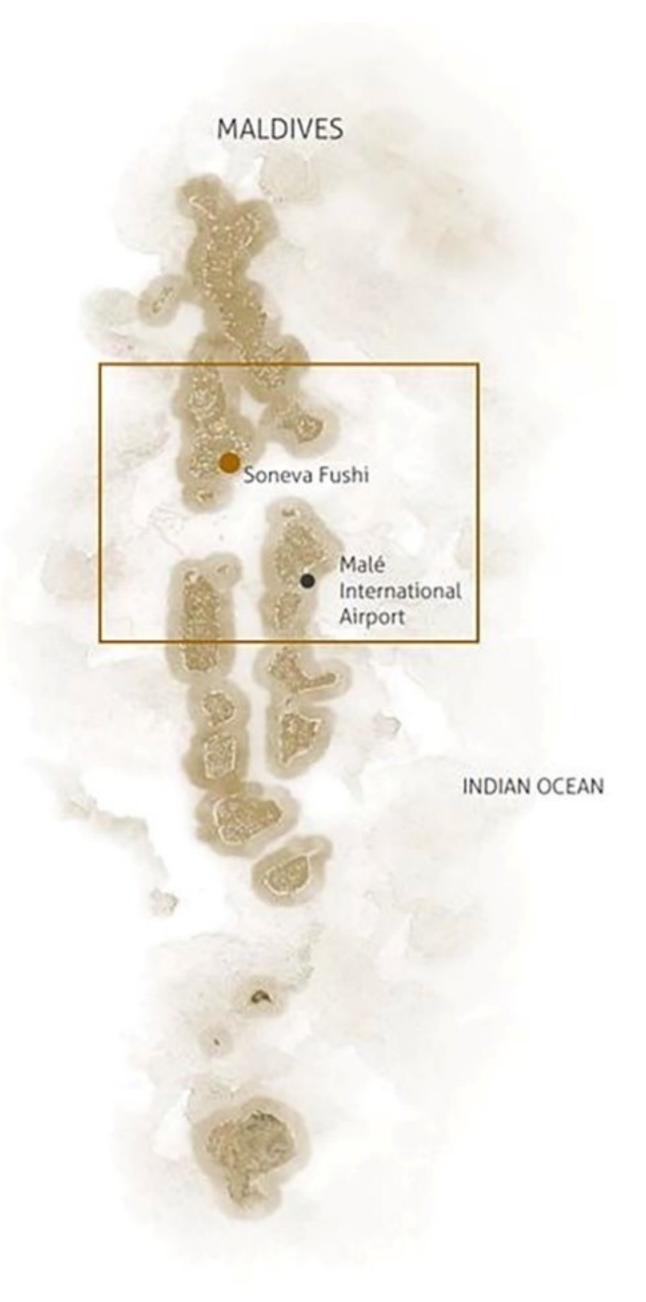


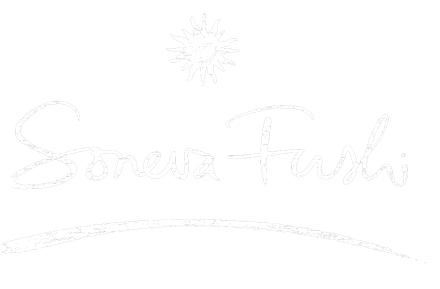
Soneva in Aqua is moored only metres away from Soneva Fushi, the original desert island hideaway nestled in the turquoise waters of the Baa Atoll, UNESCO Biosphere Reserve.

The only resort on a private island blessed with an interior that is rich with vibrant vegetation, our villas are scattered along white beaches nestled against lush greenery that offers guests the ultimate privacy in which to relax as time melts away...

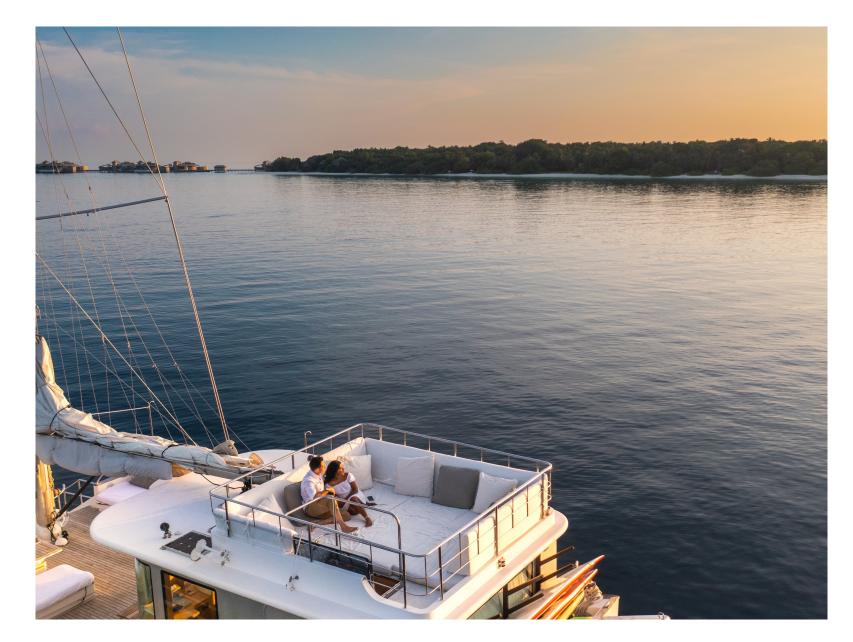
Every visit creates moments that stay forever. Watching movies under the stars; watching the sun rise from your own private sandbank in the middle of the Indian ocean; counting Saturn's rings with our astronomers; inhaling the tantalising aroma in our chocolate room filled with delicious handmade chocolates or sampling exquisite wines barefoot on the sand.

Every moment delights the senses and inspires the imagination.





## Exterior & Interior





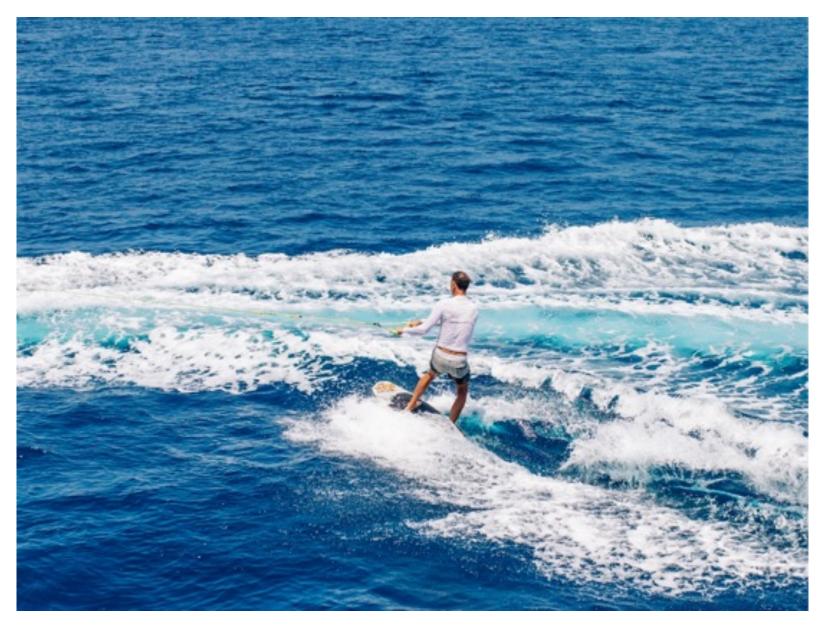








# Experiences



















## Soneva Kiri At a Glance

### VILLAS

| Villa Type                                   | Size<br>(sqm) | Number<br>of Rooms | Number of Villas |
|--|---------------|--------------------|------------------|
| 1 Bedroom Bayview Pool Villa Suite           | 464           | 1                  | 6                |
| 1 Bedroom Sunset Ocean View Pool Villa Suite | 482           | 1                  | 5                |
| 1 Bedroom Beach Pool Villa Suite             | 403           | 1                  | 10               |
| 2 Bedroom Junior Beach Pool Retreat          | 617 - 641     | 2                  | 3                |
| 2 Bedroom Sunset Ocean View Pool Retreat     | 598           | 2                  | 1                |
| 3 Bedroom Beach Pool Reserve                 | 641           | 3                  | 1                |
| 4 Bedroom Bayview Pool Reserve               | 1,211         | 4                  | 1                |
| 4 Bedroom Sunset Ocean View Pool Reserve     | 1,211         | 4                  | 1                |
| 5 Bedroom Bayview Pool Reserve               | 1,845         | 5                  | 2                |
| 5 Bedroom Sunset Ocean View Pool Reserve     | 1,845         | 5                  | 1                |
| 5 Bedroom Beach Pool Reserve                 | 1,845         | 5                  | 2                |
| TOTAL  |               |                    | 33               |

### **USPs**

| Some of the Largest Resort<br>Accommodation in Asia                              |
|--|
| Located on the 4 <sup>th</sup> Largest yet<br>Least Populated Island of Thailand |
| Waterslides in Larger Villas   |
| Long, Pristine Beach   |
| Treepod Dining   |
| Observatory  |
| Cinema Paradiso  |
| Koh Kood by Sea Experience   |
| Soneva Kiri Spa  |
| Children's Den   |
| Eco Den  |
| Mushroom Cave Lunch  |
| Watersports, Diving & Snorkelling  |
| Private Buggies  |
| No News, No Shoes  |
| Barefoot Guardian  |
| Complimentary Ice Cream, Chocolate,<br>Cheese & Charcuterie Rooms                |





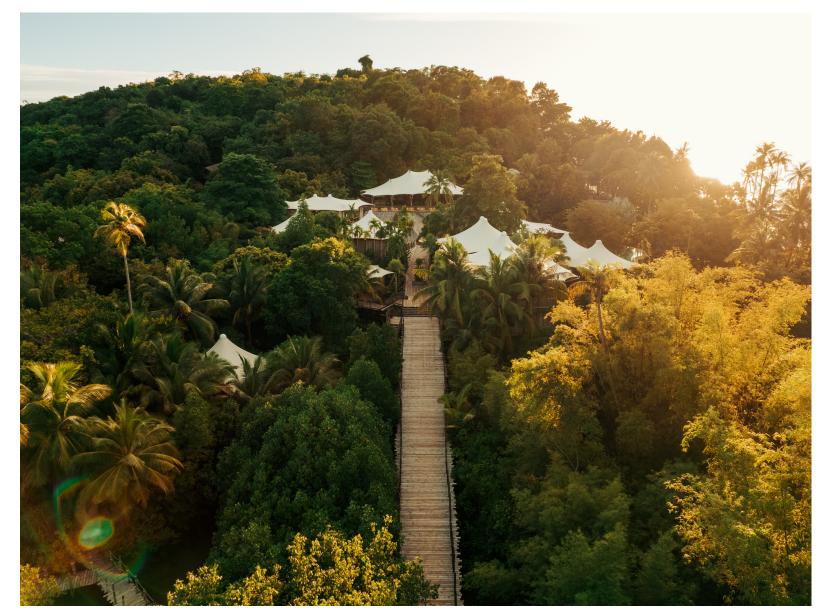
## Resort Map

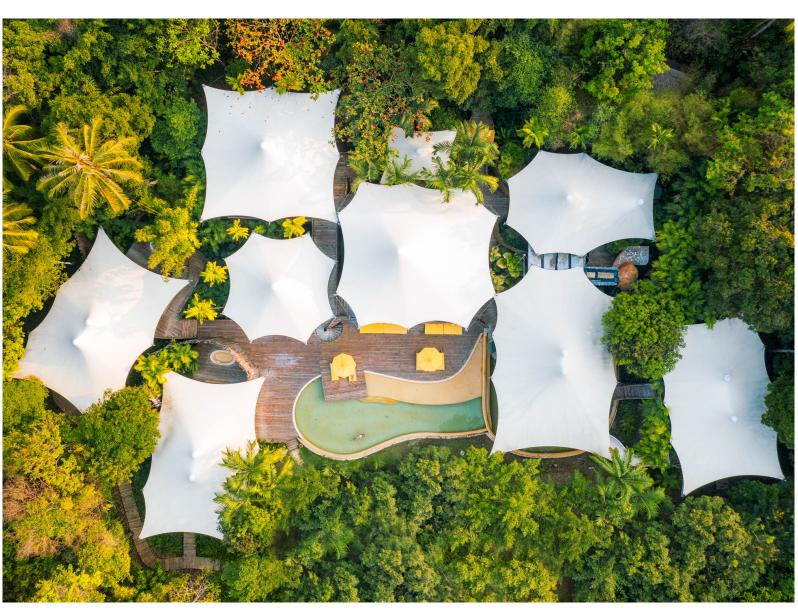
#### **RESORT FEATURES**

- (A) Koh Mai Si Airport
- **B** Jetty
- C Main Area
  - The Dining Room
  - Treepod Dining
  - So Chilled
  - So Chocoholic
  - So Deli-cious
  - So Dairy
  - Chef's Table
  - So Spirited
  - Library
  - Swimming Pool
  - Observatory
  - Gallery
  - Boutiques
  - LIFE Centre
- D The Den
- (E) Eco Den
- F Soneva Kiri Spa
- G Cinema Paradiso
- (H) The View
  - The View Laboratory
  - Wine Cellar
  - So Spiritual
- (I) Kruua Mae Tuk
- (J) Down to Earth
- K Host Village
- (L) Colours of the Garden
- M Eco Centro
- (N) Tennis Court
- Oxidation Pond
- P South Beach
  - Bar and beach
  - Water Sports



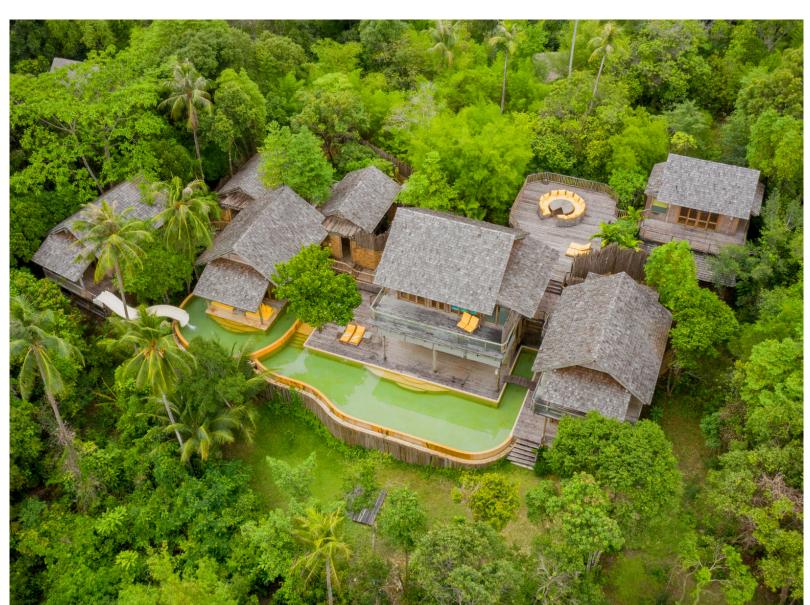
# Island & Villas







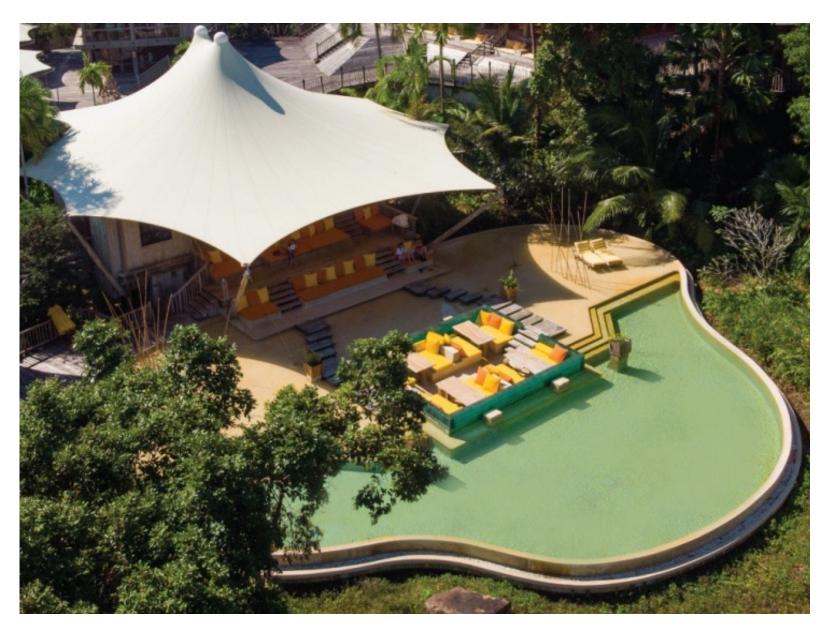






## F&B





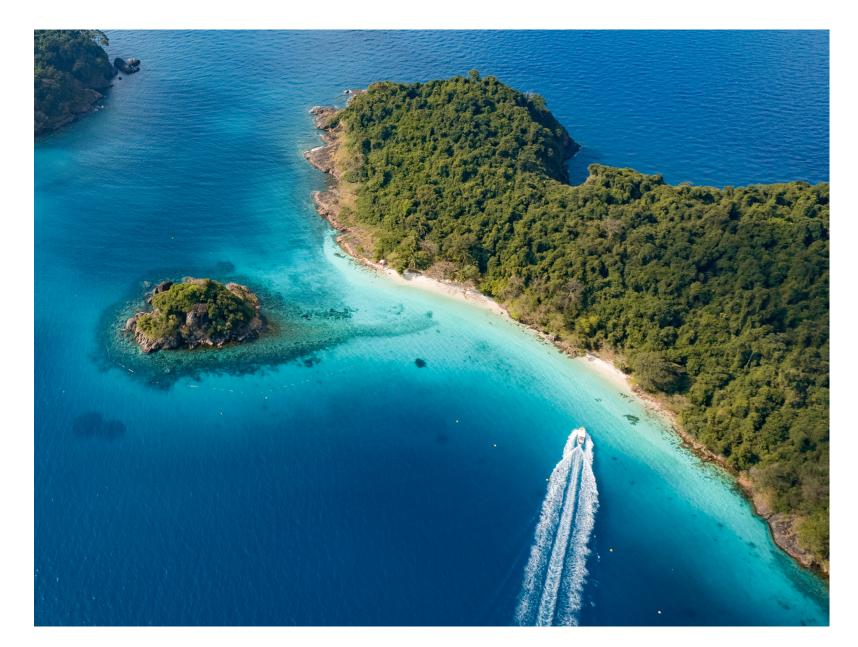








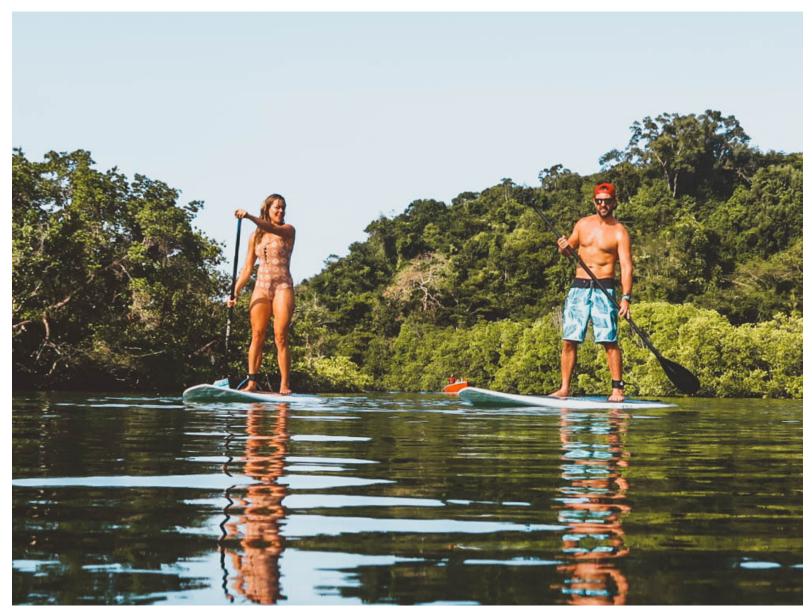
# Experiences











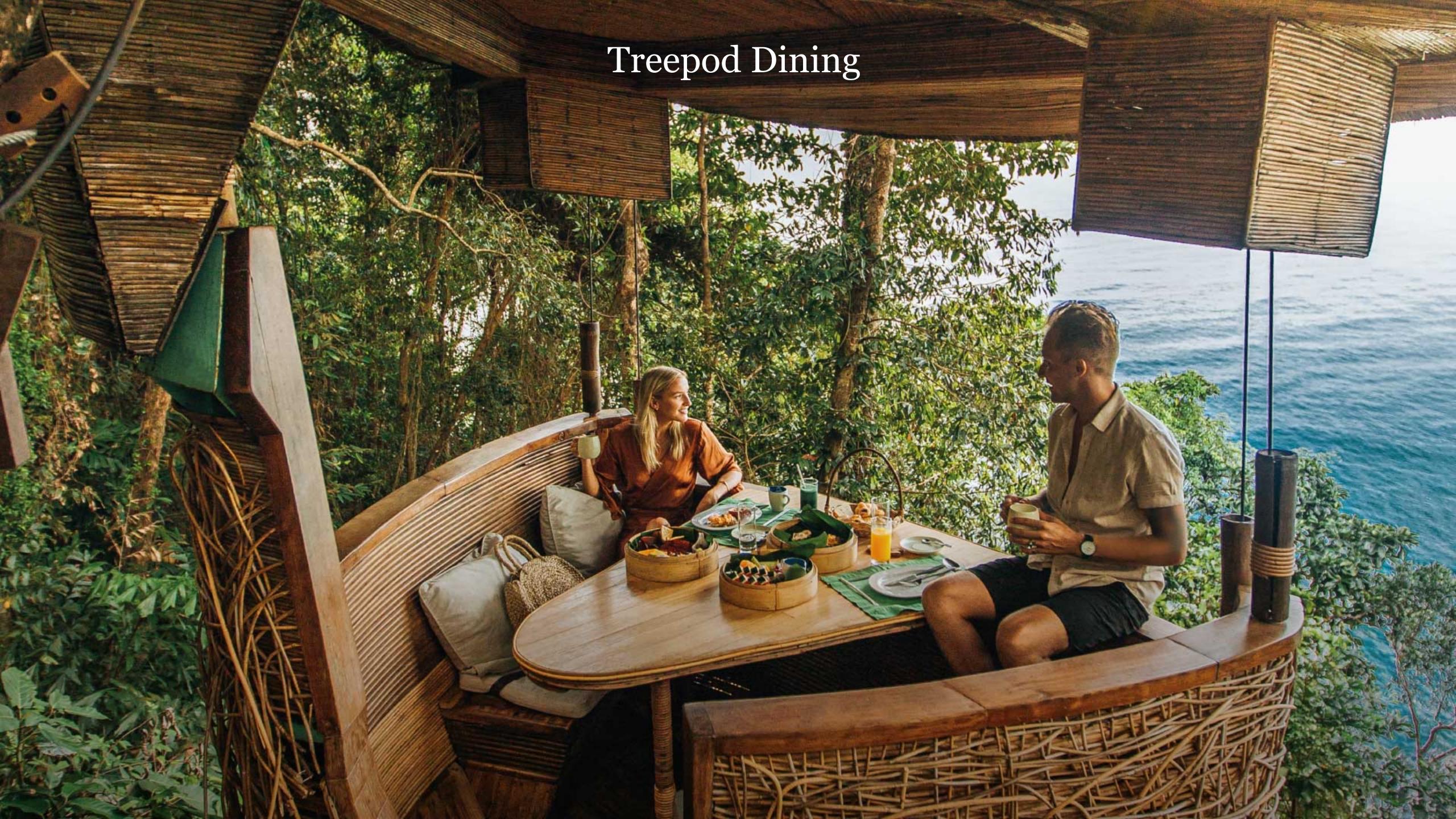














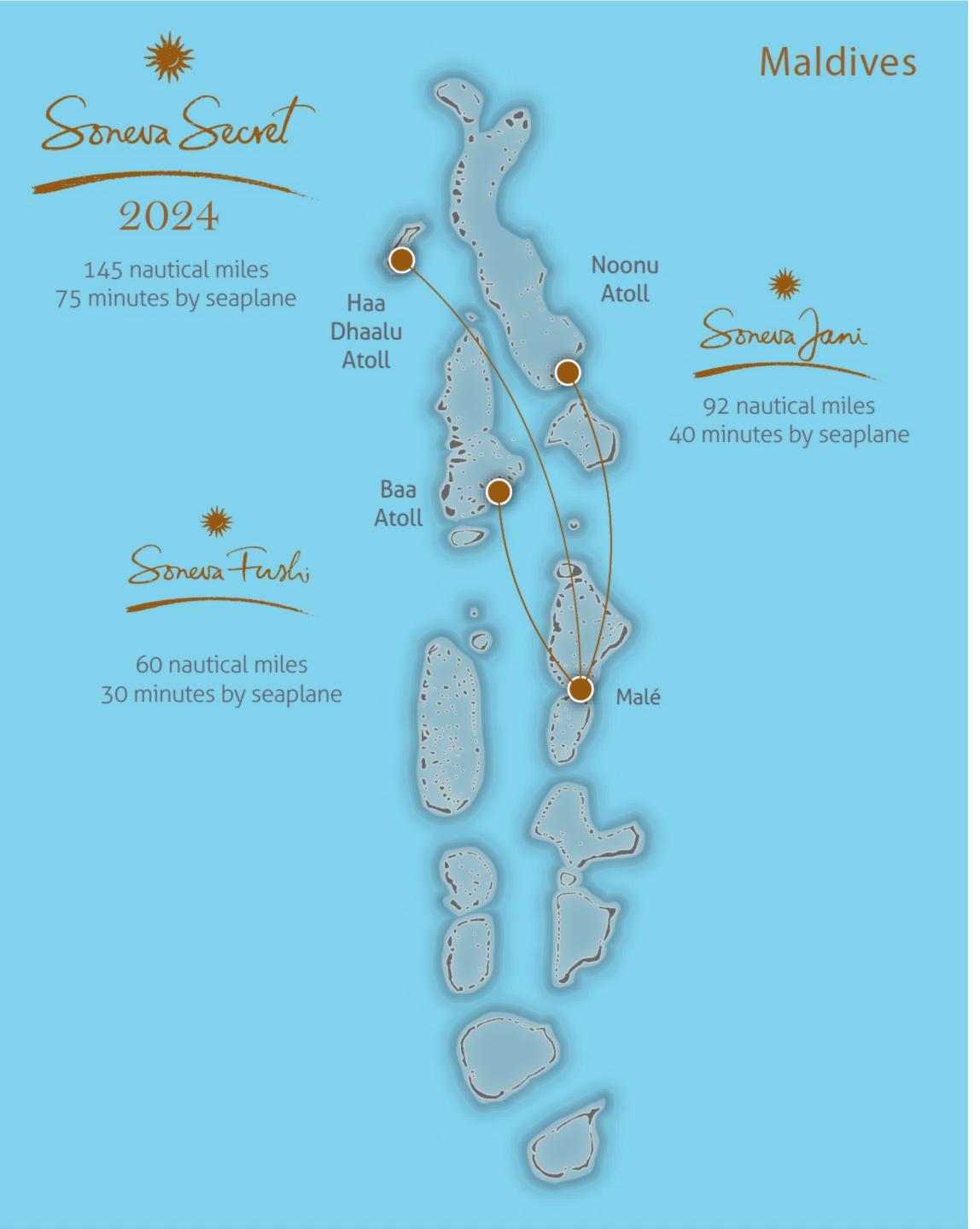


# SONEVA SECRET - Coming soon...





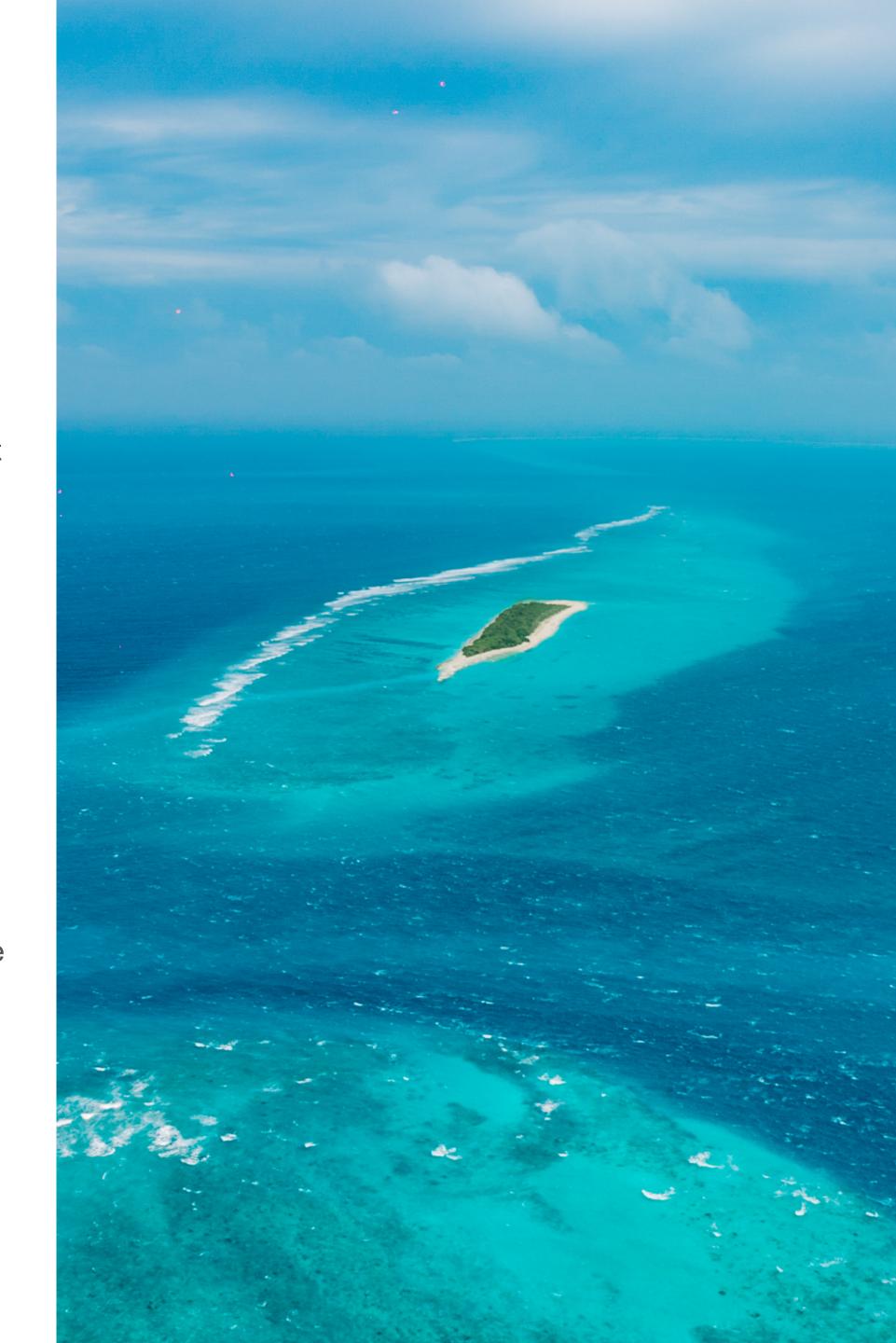




Located in the Haa Dhaalu Atoll, the remote island of Dhipparufushi is at the westernmost tip of the Maldives.

Soneva Secret 2024 can be reached via a scenic 75-minute seaplane flight direct from Velana International Airport in Malé, a 40-minute seaplane flight from Soneva Fushi in the Baa Atoll, a 30-minute seaplane flight from Soneva Jani in the Noonu Atoll, or a leisurely full-day cruise from Soneva in Aqua.

Guests can also fly directly into Hanimaadhoo International Airport or Kulhudhuffushi Airport in the Haa Dhaalu Atoll and take a one-hour speedboat ride to the resort.



## Soneva Secret 2024 at a Glance

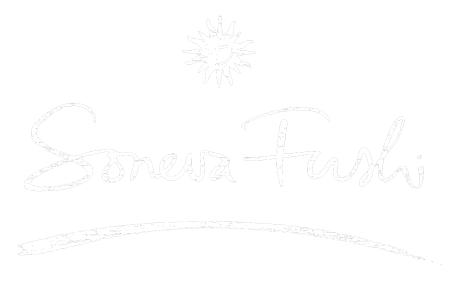
### VILLAS

| Villa Type         | Size<br>(sqm) | Number<br>of Rooms |    |
|--------------------|---------------|--------------------|----|
| Beach Hideaway     | 197           | 1                  | 5  |
| Beach Reserve      | 523           | 2                  | 1  |
| Overwater Hideaway | 197           | 1                  | 5  |
| Crusoe Villa       | 197           | 1                  | 1  |
| Crusoe Reserve     | 575           | 2                  | 1  |
| Castaway Villa     | 349           | 1                  | 1  |
| TOTAL              |               |                    | 14 |

### **USPs**

| Remote location in the Maldives' Haa Dhaalu Atoll           |
|---|
| Pristine natural setting with rich marine life              |
| The Maldives' first luxury floating villa                   |
| Entirely bespoke menu of experiences                        |
| Dedicated team of three Hosts per villa                     |
| Exceptionally private with just 14 villas                   |
| Overwater lagoon villas accessible by private electric boat |
| Direct beach or lagoon access from all villas               |
| In-villa Soneva Soul spa treatment rooms                    |
| Private pools with water slides                             |
| Retractable roofs over master bedrooms                      |
| Adjoining bedroom in every villa, perfect for children      |
| One dedicated chef per villa                                |
| The Main House – island club house                          |
| Out of This World dining tower, wine cellar & observatory   |

| Overwater zipline   |
|---|
| Unique destination dining   |
| Unparalleled watersports  |
| Back to nature family experiences                                       |
| Soneva in Aqua experiences  |
| Dive & marine biology centre  |
| Eco Centro Waste-to-Wealth  |
| Organic garden  |
| Complimentary ice cream, chocolate and cheese<br>& charcuterie parlours |
| No News, No Shoes   |











### Sunset



### **EXPERIENCES**

- A THE LIVING ROOM
   LIBRARY

  - GAMES AREA
  - BOUTIQUE
- B GYM
- C DIVE CENTRE
- SONEVA WELLNESS

- WATER SPORTS
- F THE DEN
- G CINEMA PARADISO
- ORGANIC GARDEN
- SO PRIVATE FLOATING KITCHEN Flexible location based on guest's preference

- **DINING DESTINATIONS** 
  - THE MAIN HOUSE ALL-DAY DINING

    - BAR

YOGA PLATFORM

WELCOME JETTY

K ZIPLINE

- CHEESE & CHARCUTERIE ROOM
- CHOCOLATE & ICE CREAM ROOM
- **b** SO PRIMITIVE
- OUT OF THIS WORLD
  - DINING ROOM
  - WINE CELLAR
- OBSERVATORY

- Overwater Hideaway
- Beach Hideaway
- Beach Reserve

Sunrise

- Crusoe Villa
- Crusoe Reserve
- Castaway Villa Flexible location based on guest's preference









### Beautifully Bespoke

The debut Soneva Secret 2024 resort, located in the sparkling waters of Dhipparufushi in the Maldives' Haa Dhaalu Atoll, represents a new wave of rare, personalised hospitality. Thirty years in the making, it creates a blueprint for the Soneva Secret concept, crafting every stay around highly intuitive service, rare experiences and exceptional culinary journeys. With just 14 expansive villas, the remote island setting offers the ultimate in privacy and seclusion, where the beauty of nature abounds.

#### Location

Soneva Secret is the only resort in the Haa Dhaalu Atoll, and is found on the remote island of Dhipparufushi at the westernmost tip of the Maldives. Soneva Secret 2024 can be reached via a scenic 75-minute seaplane flight from Velana International Airport in Malé, a 40-minute seaplane flight from Soneva Fushi in the Baa Atoll, a 30-minute seaplane flight from Soneva Jani in the Noonu Atoll, or a leisurely full-day cruise from both Soneva Fushi and Soneva Jani onboard Soneva in Aqua. Guests can also fly directly to Kulhudhuffushi Airport in the Haa Dhaalu Atoll and take a one-hour speedboat ride to the resort.

#### Stay

The resort features 14 private overwater and island villas, including lagoon villas, accessible by boat, and the Maldives' first floating villa. Each has its own private access to the pristine lagoon or white sand beach. Designed to offer the ultimate in Soneva hospitality and exemplary service standards, each villa features a dedicated team of three, which includes a Barefoot Guardian, Barefoot Assistant and dedicated chef, to ensure every stay is wholly personalised to not only meet guests' needs but also exceed every expectation.

#### Services & Amenities

Soneva Secret villas are designed to offer exceptional levels of privacy, comfort and peace, and are equipped with an array of services and amenities that include:

- · Dedicated Barefoot Guardians and Barefoot Assistants in every villa
- Dedicated chefs across a range of international cuisines, one for each villa
- Direct beach or ocean access with daybeds and sun loungers
- Spa treatment rooms
- Private pools and curved water slides
- Master bedrooms with retractable roofs
- Open-air ensuite bathrooms with sunken bathtubs, toilets and showers
- Adjoining bedroom in every villa, perfect for children
- In-villa and beach dining areas
- · Study desk with ocean views
- · Fully equipped gyms
- Walk-in minibars with Smeg fridges, Nespresso coffee machines and in-villa kitchens and wine fridges
- TV lounges with large daybeds, smart TVs and Bose sound systems
- · WiFi with on/off switches

# Island, Villas & Experiences

















While Soneva Soul is a relatively new brand in the wellness space, it has been 25 years in the making.

Our wellness credentials are rooted in the conceptualisation and development of the Six Senses brand, which evolved from the first resort spa that we opened at Soneva Fushi back in 1995. From there, our portfolio expanded to 32 spas across the world, in both our own resorts and partner hotels.

Along the way, we have gathered knowledge and experience from the countries where we have been based — harnessing their innovations and learning from their traditional therapies, ancient rituals and healing herbs. We have used the latest diagnostic technology to better plan guests' wellness journeys and have expanded our global network of acclaimed wellness specialists — ceaselessly searching for alternative, innovative ways to improve the wellbeing of our guests and Hosts.

The scope of our wellness offerings exists across every component of life – biology, psychology, spirituality. We benefit from the best evidence-informed science, and the personal experience of our Wellness Advisory Board to exploit the most credible, authentic and results-driven approaches to care.



# Somera Soul ANCIENT WELLNESS RITUALS MEET SCIENCE AND INNOVATION

Soneva Soul combines the best of science and modern learning with thousands of years of ancient healing wisdom. Wellness at Soneva Soul is personalised and unique, adapting to the immediate and evolving needs of our guests through diagnosis and assessment, offering them specific programmes to enhance their wellbeing, and helping them toward their long-term goals.

Soneva Soul Wellness is a tailor-made journey that can start from any point, whether enhancing the health of ageing skin, balancing energy, improving physical shape, recovering from illness, evolving mental clarity, or simply finding the space in the here-and-now to unwind, sleep better and benefit from a deeply relaxing massage.

We focus on enabling people to flourish and be their best through the guidance of our resident experts and a global network of acclaimed wellness specialists. Our integrative, multidisciplinary approach offers guests the choice to engage across a range of services, with a team that are cross-skilled, and learn from each other the best ways to provide nurturing care.

Holistic, life-affirming wellness experiences take place in inspiring, beautifully designed surroundings. Each Soneva Soul journey is supported by deliciously healthy cuisine crafted from the freshest, organic ingredients, and a curated retail offering that brings together the latest and best wellness products from across the world.

We are uncompromising in our mission to unite the ancient and modern, East and West, tradition and science, and unrelenting in our search for new pathways to achieve this. Our goal remains the same – taking our guests on a lifechanging holistic wellness journey



#### RESORT WELLNESS CENTRES

Each Soneva Soul wellness centre is built in perfect harmony with its breath-taking surrounds, elevating our guests' wellness experience far beyond pampering treatments or traditional spa therapies.

#### Soneva Soul, Soneva Jani

Soneva Soul spans two facilities at Soneva Jani – the original Over-water Spa and a new Island Spa. Surrounded by the beauty of nature, both provide an inspiring backdrop for transformative wellness experiences. In addition, Soneva Jani has a jungle gym, functional fitness gym and beach fitness area for exercising in nature, and open-air Ayurvedic and treatment champas.

#### Soneva Soul, Soneva Fushi

Encircled by the island's lush jungle, the two-storey wellness complex is inspired by its tranquil setting, inviting guests to reconnect with nature as they rejuvenate, restore and relax. Built around a central water feature, stepping stones and walkways connect the reception area and treatment rooms on the ground floor, as well as rooms for integrative medicine, an advanced beauty room, Ayurvedic consultation and treatment room, flotation tank and retail shop. Sound pods with meditative music and aroma pods offering blends of atomised essential oils invite guests to relax or re-energise before or after their treatment. Upstairs there are another three consultation and treatment rooms.

## The World of Soneva Soul



#### **Transformative Wellness**

Soneva Soul blends integrative medicine and complementary therapies to promote true healing and health, treating everything from chronic illnesses to unexplained stress.



#### Integrative Medicine

Treating the whole person, not just symptoms alone, Soneva Soul's team of qualified doctors and nurses blend conventional medicine and complementary therapies to promote true healing and health.



#### Nature-Inspired Design

Each Soneva Soul wellness centre is built in perfect harmony with its serene surroundings, allowing you to reconnect with nature as you rejuvenate in our island sanctuaries.



#### Regenerative Therapies

Promoting healing from the inside out, our menu of cutting-edge therapies includes Major Autohemotherapy, hyperbaric medicine, ozone therapy, IV injections and more.



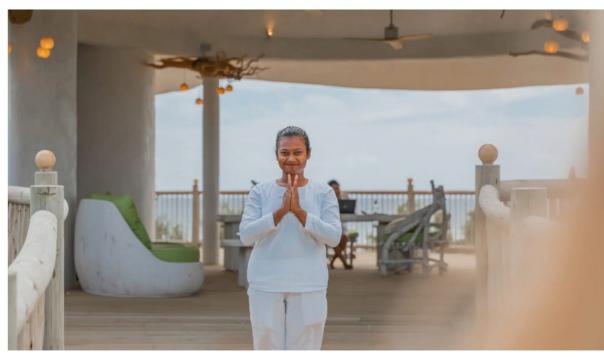
Healing Philosophy

Guided by the principle of 'lifestyle evolution', Soneva Soul works with every guest to co-curate personalised wellness experiences, enabling you to thrive.



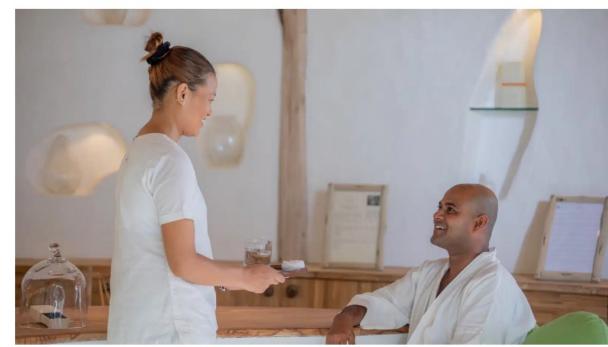
#### Mindful Movement

Fitness centres, outdoor jungle gyms and yoga champas present experiential fitness, yoga, pilates and meditation sessions to help reinforce the physical-spiritual connection.



#### Wellness Specialists

Our experienced spa therapists, movement specialists and naturopathic, Ayurvedic and Traditional Chinese Medicine doctors work alongside a global network of visiting practitioners.

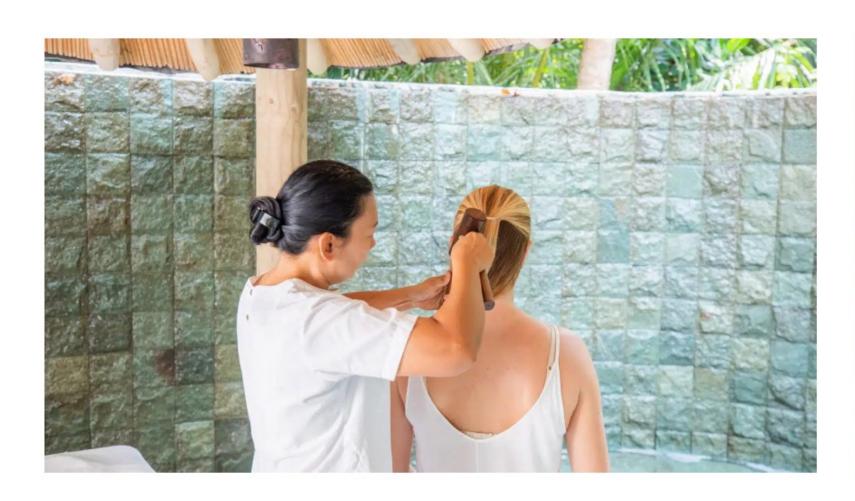


#### **Creative Nutrition**

Delicious, wholesome menus are designed by inhouse nutritionists to support your wellness goals, with an emphasis on plant-based cuisine and adaptogenic foods that restore.

## Wellness Programs

Bespoke immersive journeys that range from three days to two weeks.







#### Foundation

Reset and recharge with our three-day Foundation
Programme in the healing serenity of Soneva Soul's
natural setting. Daily itineraries are tailored to your
needs and blend naturopathy, Ayurveda and
Traditional Chinese Medicine with integrative
medicine and indulgent spa treatments for a bespoke
wellness journey that leaves you feeling renewed and
revitalised.

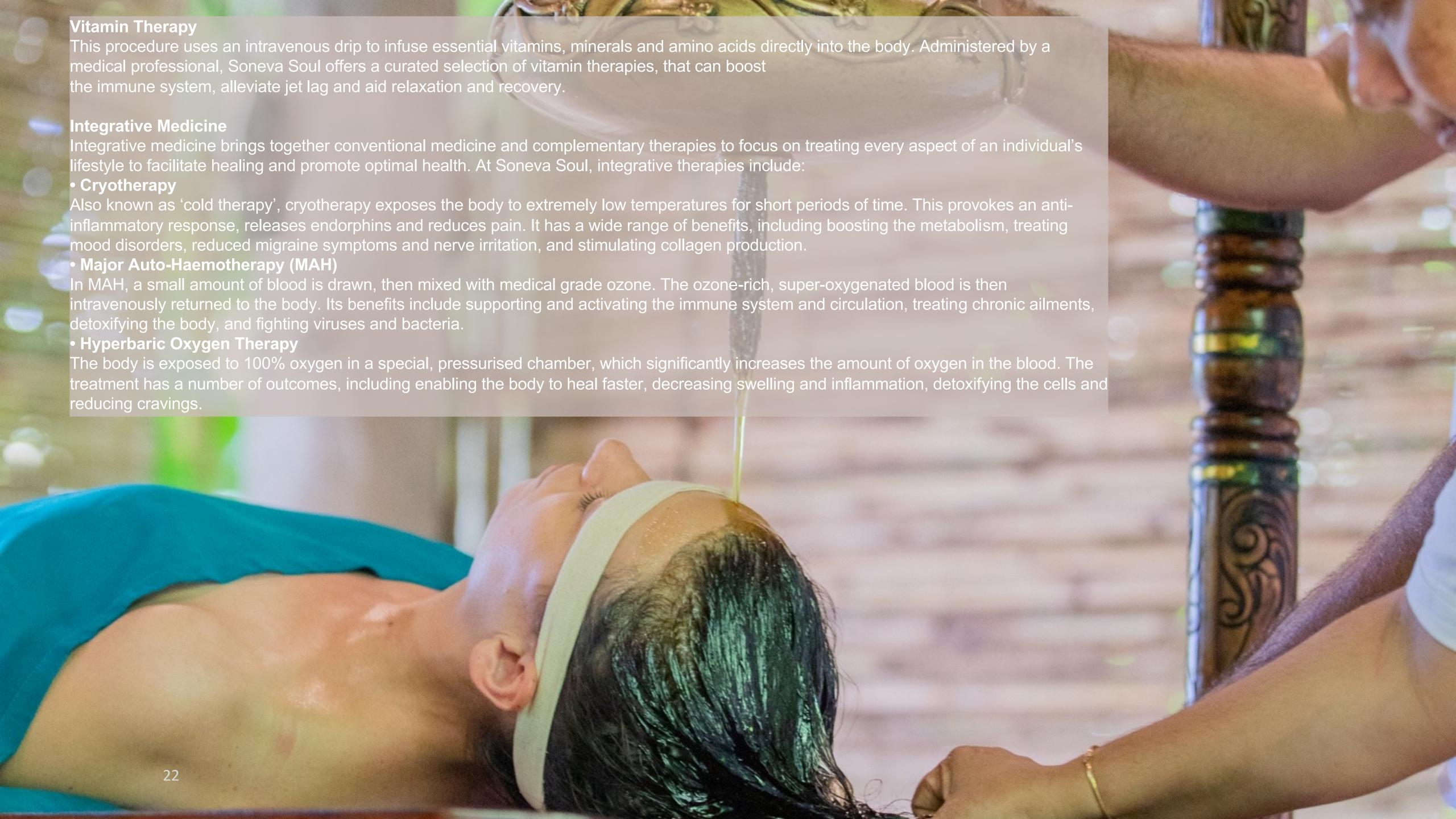
### Sleep

Experience our transformative Sleep Programme that is meticulously designed to optimise sleep health and, in turn, your overall wellbeing. It combines a range of targeted treatments and cutting-edge solutions, including the Oura Ring tracker, to ensure you enjoy rejuvenating rest and gain the knowledge and resources needed to maintain healthy, restorative habits for the future.

#### Detox

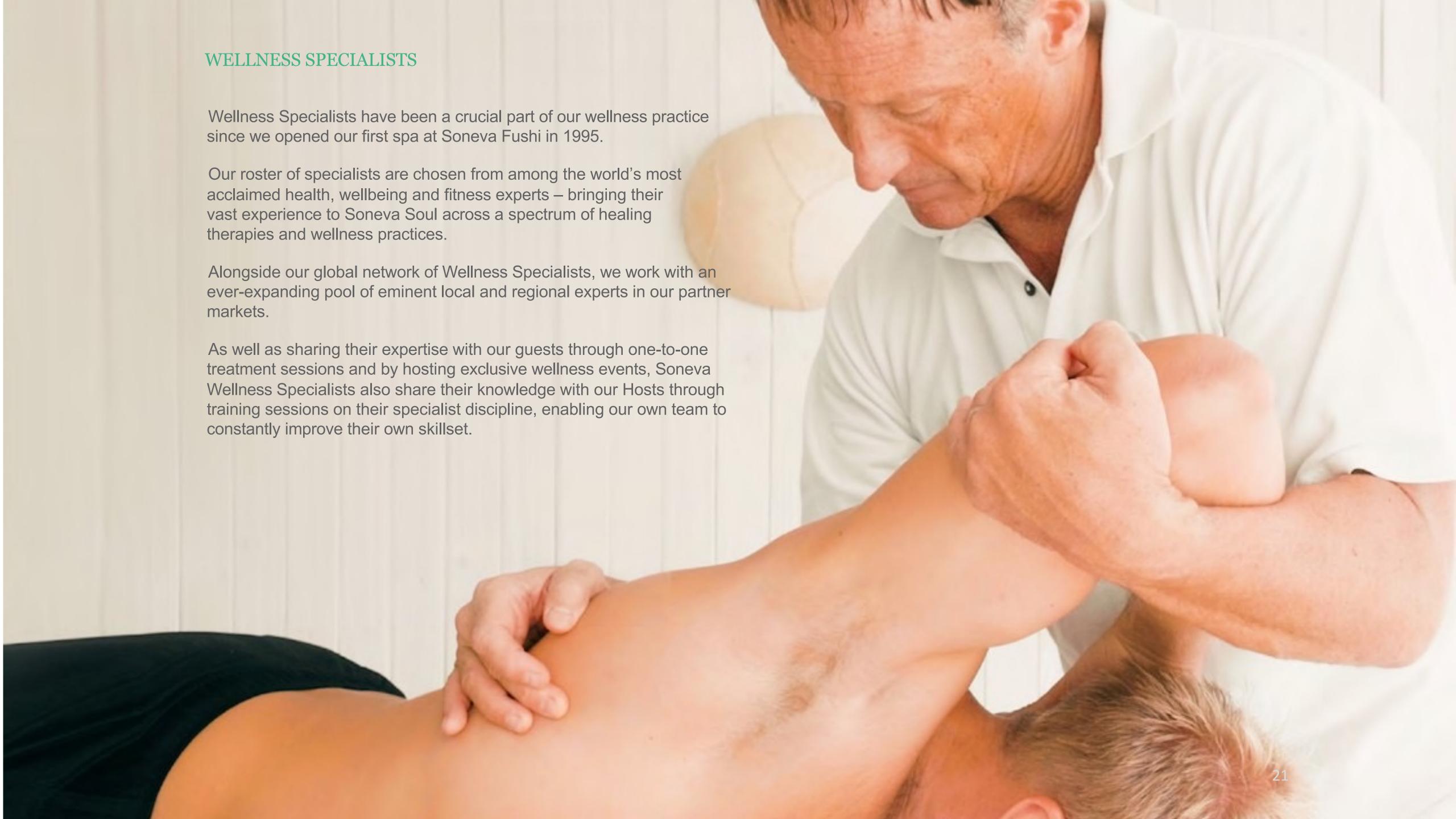
Embark on our revitalising Detox Programme, carefully curated to cleanse and restore optimal metabolic function. Receive expert guidance and nourishing menus of leafy greens, fresh fruits, rejuvenating juices and nutrient-rich nuts and se Our programme eliminates dairy, gluten and refir carbohydrates, bringing you closer to your wellneaspirations.











## CUISINE AND NUTRITION

At Soneva, our food and beverage offering is an intrinsic part of our holistic, SLOW LIFE philosophy, championing better wellbeing through a healthier, more sustainable way of living.

Using the finest produce – organic, seasonal and locally sourced – our culinary team creates delicious and highly nutritious menus that



#### SKINCARE

#### **OUR CONSCIOUS PRODUCTS**



Natura

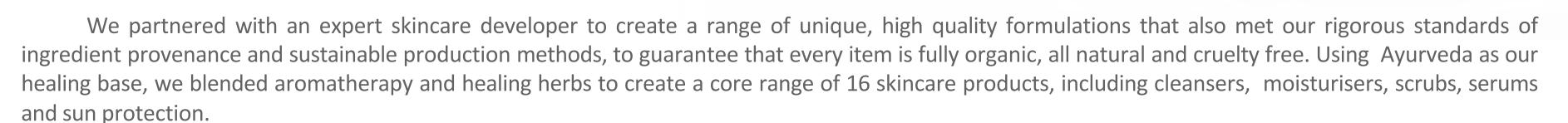


Ever since Soneva Fushi first opened in 1995, we have developed our own, fully natural products for our resort guests. Our own Soneva Skincare line was a logical next step.

The goal of our skincare is the same goal as our Soneva Soul brand; taking users on a journey to the genesis of wellness – while we continue to evolve and never stop searching for new pathways to achieve this goal with our multi-disciplinary approach. The result of our hard work and research takes the form of products that offer simple, organic solutions to skin problems.

Chemical-free, clean products that take you back to nature and embody our philosophy of less being more – all while maintaining our core value of sustainability. With many skincare brands looking to over-complicate things with routines that require a whole plethora of products, Soneva Soul pairs it down to a curated collection of skincare products.

Soneva's skincare brand will be available for purchase online, in third party retailers and in our own resort spas in 2022.



Having chosen to create our products in Europe, we sought artists from the East to design our sustainable packaging. True to our earth-conscious ethos, as the product line evolves, we will use compostable refills so our consumers can continue purchasing our products while generating minimal waste.

At Soneva Soul, our own Soneva Skincare range is complemented by a curated selection of all-natural, premium skincare brands that share our values, such as Amala and Zents.









Soneva Fushi

## SOUL Festival 2023

From September 29, 2023 to October 8, 2023

Stay for a minimum of three nights and enjoy full access to the entire SOUL programme, daily full board dining and complimentary transfers, starting from USD 7,600 for two. Choose from our specially curated three, five, or ten-night packages. Book by August 31, 2023 to receive a 10% reduction on the package rate.

