
NIHI
ROTE
&
HOSPITALITY
ACADEMY
Experiences
THE EDGE OF INDONESIA



Water

FROM THE REEF AT YOUR DOORSTEP
TO THE MANGROVES BEYOND.
DAYS SHAPED BY THE OCEAN,
AT WHATEVER PACE YOU CHOOSE.

Surfari



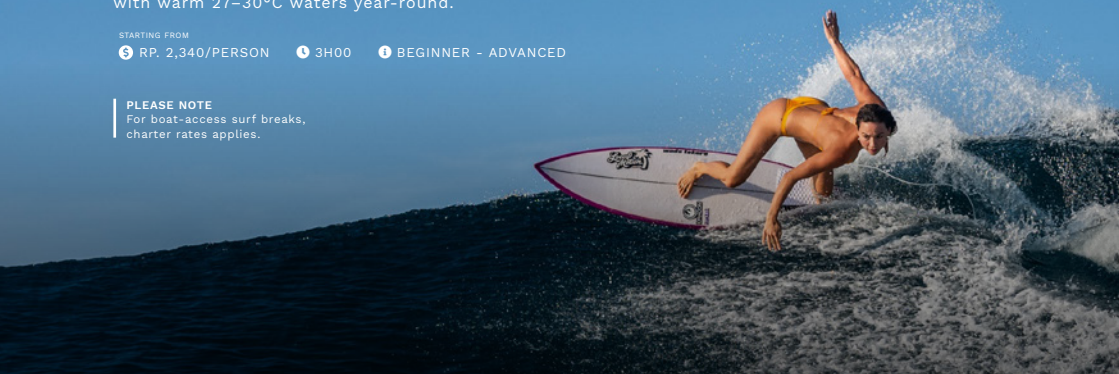
Rote is one of Indonesia's great surf destinations. Surrounding islands host waves that fire in diverse conditions, all within easy boat reach, alongside world-class breaks accessible by land.

Surf Safaris are tailored daily to the conditions and your ability, with guided experiences available by both boat and land.

Peak surf season runs from May to October, with warm 27–30°C waters year-round.

STARTING FROM
RP. 2,340/PERSON · 3H00 · BEGINNER - ADVANCED

PLEASE NOTE
For boat-access surf breaks, charter rates applies.



THE WAVES	DIRECTION	TYPE	LEVEL
1. BO'A	Right	Reef Break	●●○
2. T'LAND	Left	Reef Break	●●○
3. SQUEALERS	A-frame	Reef Break	●○○
4. THE BOMMIE	A-frame	Reef Break	●●●
5. SUCKIES	Right	Reef Break	●●●
6. DO'O	Right	Reef Break	●●◐
7. OESELI	Left	Reef Break	●●●
8. N'DANA	Left, Right & A-Frame	Reef Break	All levels

●○○ Beginner | ●●○ Intermediate | ●●● Advanced | *Suitability of breaks to each level is dependent on conditions

• All prices are in Indonesian Rupiah, in thousands, and subject to 21% TAX & Service Charge •

Surf with Tropicsurf

From calm lagoon sessions for first-time surfers to guided adventures across Rote's legendary breaks, Tropicsurf matches every session to the day's conditions, tides and your ability.

LAGOON SESSION

A gentle introduction to surfing in the calm lagoon or pool. Learn safety, technique and the fundamentals of surfing with an expert coach. Ideal for first-time surfers and younger guests. Minimum age 4 years.

1H00 · RP. 1,620/PERSON · BEGINNER

OCEAN TRANSITION

Take your surfing into the open ocean with an expert coach by your side. Designed for surfers who have the basics down but still benefit from hands-on guidance and assistance catching waves.

STARTING FROM

RP. 2,160/PERSON · INTERMEDIATE

TICKET TO RIDE

For confident surfers ready to explore Rote's waves independently. Tropicsurf guides you to the best available break, with expert advice on positioning, wave selection and technique.

STARTING FROM

RP. 1,620/PERSON · ADVANCED

BOARD RENTAL

A selection of surfboards is available to hire during guided surf sessions. Let the Tropicsurf team know which board you're interested in before arrival so availability can be confirmed.

RP. 900/DAILY · RP. 4,500/WEEKLY

For more information, please contact TropicSurf.

Our Charters

Two purpose-built vessels, captained by our Boathouse watermen, carry you to the reefs, waves and islands at the Edge of Indonesia.



ALDEINE

A nimble centre-console with a flybridge lookout, ideal for surf safaris, reef snorkelling and fishing missions closer to home, with wave spotting from the tower.

UP TO 6 GUESTS

DURATION		RATE
2-HOURS	IDR	RP. 15,300
4-HOURS	IDR	RP. 21,600
6-HOURS	IDR	RP. 27,000
+1-HOUR	IDR	RP. 5,400



ROTE RUNNER

Our flagship expedition vessel. Fast, stable and shaded, with twin outboards and full surf, snorkel, spearfishing and fishing equipment on board. Built for full-day island voyages.

UP TO 8 GUESTS

DURATION		RATE
2-HOURS	IDR	RP. 21,600
4-HOURS	IDR	RP. 32,400
6-HOURS	IDR	RP. 39,600
+1-HOUR	IDR	RP. 7,560

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TELAGA NIRWANA LAGOON ESCAPE

Journey to Telaga Nirwana, a tranquil, heart-shaped lagoon of turquoise water held by limestone cliffs and ancient mangroves.

Paddleboard and kayak across the stillness, snorkel the coral near the entrance, and watch a spearfishing demonstration by your local guide before enjoying a picnic at the water's edge. A gentle half-day adventure for the whole family.

INCLUSIONS
Paddleboards & kayaks, lagoon picnic, snorkelling & spearfishing

4H00 RP. 2,790/PERSON



Diving

Rote's reefs are among the most intact and accessible in eastern Indonesia, offering crystal-clear water, healthy coral reefs and abundant marine life within easy reach of the shore. Explore the reefs around Bo'a and beyond with experienced dive guides, whether you're trying scuba for the first time or expanding your certification.

PLEASE NOTE
All diving activities are operated by a third-party provider.

GUIDED SNORKELING

Explore the reef systems around Bo'a and beyond with a dedicated snorkel guide, an accessible half-day introduction to Rote's underwater world for all ages.

4H00 RP. 810/PERSON

TWO-TANK DIVING

Two guided dives each day exploring Rote's reef systems at depth. Pool practice and multi-day packages are also available.

MULTI-DAY RP. 2,250/PERSON

DISCOVER SCUBA DIVING (DSD)

Begin with a one-hour introduction in the pool before heading into the ocean for two instructor-led dives. A genuine introduction to the underwater world with no previous experience required.

2-DAYS RP. 2,520/PERSON

PADI OPEN WATER COURSE

The internationally recognised entry-level diving certification. Four hours of instruction per day over three days, culminating in open-water dives on Rote's reefs.

3-DAYS RP. 8,550/PERSON

PADI ADVANCED OPEN WATER (AOW)

Five dives across three days, each focused on developing advanced skills including deep diving, underwater navigation and buoyancy control. Designed for certified divers looking to build confidence and experience.

3-DAYS RP. 7,560/PERSON



SNORKELING

The reef at Bo'a stretches directly in front of the resort, sheltered and rich with marine life. Slip beneath the surface and discover the living world at the Edge of Indonesia, an easy, unhurried introduction to Rote's underwater world for all ages and abilities.

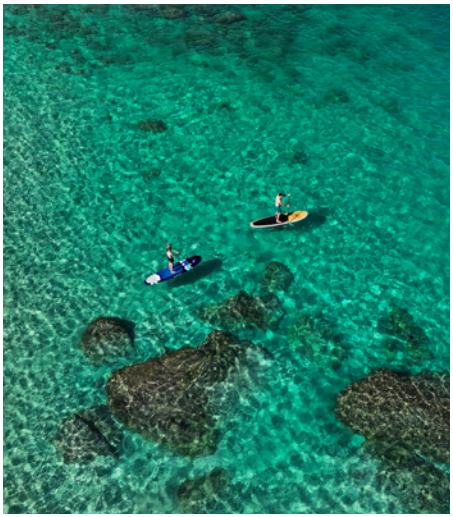
1H00 COMPLIMENTARY



ROCK POOLING

The reef at Bo'a stretches directly in front of the resort, sheltered and rich with marine life. As the tide recedes, explore crystal-clear rock pools in search of shells, sea stars, reef fish and crabs, discovering the living world at the Edge of Indonesia. An easy, unhurried introduction to Rote's intertidal ecosystem for all ages.

1H00 COMPLIMENTARY



STAND UP PADDLE

Read the water and explore Rote's coastline at your own pace. Bo'a Beach offers ideal conditions for paddleboarders of all levels, a long stretch of protected water with the island's palm-lined shore as your backdrop. Boards and equipment are provided.

1H00 COMPLIMENTARY



MANGROVE PADDLEBOARD ADVENTURE

Paddle into the blue-water mangrove channels that frame Rote's coast, a slow, immersive journey through one of the island's most striking natural environments. Guided by our watermen, the route winds through quiet channels where the light changes entirely and the world beyond disappears.

2H00 RP. 2,790/PERSON



Wellness

A SANCTUARY FOR BODY AND MIND.
EXPERIENCE RESTORATIVE HEALING
AT THE METI SPA AND PURPOSEFUL
MOVEMENT THROUGH NIHI FIT.

Meti Spa

Hidden open-air bales are nestled among the trees and integrated with the landscape, each designed to immerse guests in the beauty of the surroundings.

Daybeds set around the Garden's pool invite quiet reflection before or after your treatment, surrounded by tropical greenery and the soothing sounds of nature.



SPA TEASER

A brief, restorative welcome into the Spa Sanctuary, the perfect introduction and a taste of what lies ahead. Available to all guests as a quiet moment of arrival, before any treatment or simply at the end of a long day on the water.

0H15 COMPLIMENTARY

EASTERN MERIDIAN

A refined Japanese therapy applying rhythmic finger and palm pressure along the body's meridian channels to release blockages, restore balance, and promote deep parasympathetic calm. Performed clothed, without oil, ideal for guests seeking a non-traditional massage experience.

1H00 RP. 2,340/PERSON
1H30 RP. 2,700/PERSON

TRADITIONAL PIJAT

Inspired by Indonesia's rich massage traditions, a restorative treatment with flowing therapeutic massage techniques to relax muscular tension and improve circulation. Special attention is given to the back, shoulders, and sacral area.

1H00 RP. 2,340/PERSON

ROTENESE MASSAGE

A defining massage that harmoniously blends Traditional Pijat, Shiatsu, and Double Pressure techniques into one restorative ritual. Using warm coconut-infused oil, this strong pressure treatment works deeply into the muscles to relieve tension and rebalance the body's natural energy flow.

2H00 RP. 4,410/PERSON



FOUR HAND MASSAGE

Two therapists working in perfect choreographed harmony, continuous flowing strokes that immerse the nervous system in pure sensation. An extraordinary sensory experience that dissolves stress at its deepest root. The rarest of rituals.

1H30 RP. 4,770/PERSON

NIHI FREEDOM MASSAGE

A fluid, intuitive massage that honours the guest's individual needs on the day, lighter or deeper, focused or full-body. The therapist reads the body and responds. True freedom: no fixed routine, only presence.

1H00 RP. 2,340/PERSON
1H30 RP. 2,700/PERSON



NIHI Fit

A curated programme of movement, private coaching and wellness experiences. Complimentary group sessions daily.

PLEASE NOTE
Private one-on-one sessions with a dedicated practitioner are available for $125 per session.



STRENGTH & CONDITIONING

A full-body circuit designed to build strength, endurance and confidence. Move through multiple rounds of weights, functional equipment and bodyweight exercises, challenging your whole body while improving fitness, coordination and conditioning.

1H00 COMPLIMENTARY

SCULPT & TONE

A low-impact, full-body workout inspired by Pilates principles, designed to build core strength, improve posture, stability and muscular endurance. Through controlled movements and mindful breath, you'll enhance body awareness, balance and strength while feeling longer, stronger and more energised.

1H00 COMPLIMENTARY

YIN YOGA

A slow, meditative practice where poses are held for several minutes to gently stretch connective tissue and release deep tension. Focused on stillness, breath, and relaxation.

1H00 COMPLIMENTARY

VINYASA YOGA

A dynamic, flowing style of yoga that links breath with movement, transitioning smoothly from one pose to the next in a continuous meditative sequence. Suitable for all experience levels. Group classes follow a scheduled timetable, while private sessions are tailored to your pace, focus and ability.

1H00 COMPLIMENTARY

GUIDED MEDITATION

A calming session led step by step by an instructor, using breathwork, visualization, and gentle prompts to quiet the mind and bring you into a state of deep relaxation and presence.

1H00 COMPLIMENTARY



TCONCEPT SIGNATURE SESSION

A workout-led wellness experience designed to strengthen the body while creating space for clarity and presence. Combining strength and conditioning, conscious movement, relaxation, meditation, and reflective journaling, this signature session addresses physical, mental, and emotional well-being in one cohesive flow. Guests leave feeling energized, grounded, and deeply connected to themselves.

2H00 RP. 2,700/PERSON

THE MOVEMENT LAB

A bespoke one-to-one training session tailored to your goals, fitness level and individual needs. Whether you're looking to build strength, improve mobility, increase endurance or simply move with greater confidence, each session is thoughtfully designed to help you move better, feel stronger and perform at your best.

1H00 RP. 2,700/PERSON

PREP TO HANDSTAND

A progressive, skill-based session developing wrist strength, shoulder stability and body awareness.Guided step by step by your practitioner, no previous experience is required, only curiosity.

1H00 RP. 2,250/PERSON

• All prices are in Indonesian Rupiah, in thousands, and subject to 21% TAX & Service Charge •
• Private sessions available for some activities upon request •



Breakfast with the Horses

Enjoy breakfast in the privacy of your villa as NIHI Rote's horses wander into the garden to graze. Watch them roam just beyond your table over morning coffee and breakfast, an unexpected encounter that could only really happen at NIHI.

RP. 1,530/COUPLE



Cultural

ROTE'S LIVING CULTURE IS ONE OF THE ISLAND'S GREATEST GIFTS, WHERE MUSIC, CRAFTSMANSHIP AND COMMUNITY TRADITIONS HAVE REMAINED LARGELY UNCHANGED FOR GENERATIONS.



BUILD YOUR OWN TI'ILANGGA HAT

The Ti'ilangga is Rote's iconic traditional hat, woven from lontar palm and representing both identity and everyday life. Under the guidance of a local artisan, you'll learn the weaving technique from scratch before leaving with your own handmade creation.

1H00 COMPLIMENTARY

SASANDO MUSIC LESSON

The Sasando is one of the world's most remarkable instruments, a cylindrical harp amplified by a fan of lontar palm leaves that produces a sound unlike anything else.

Found only on Rote, it is the island's defining cultural symbol. A local musician introduces its history, demonstrates traditional playing techniques and guides you through your first notes. No musical experience is required.

1H00 COMPLIMENTARY



IKAT WEAVING EXPERIENCE

Discover Rote's traditional textile art, where intricate patterns are created through resist-dyeing threads before weaving begins. Local artisans often spend months completing a single textile. Learn about the craft, experience the loom first-hand and browse finished pieces available directly from the weavers.

1H00 COMPLIMENTARY

SUNDAY MASS AT SOLAVIDE BO'A CHURCH

One of Rote's most quietly extraordinary experiences. Join the local congregation for Sunday Mass, conducted in the Rotenese language and filled with traditional singing. Guests are warmly welcomed to experience a respectful and authentic insight into the island's spiritual life.

1H00 COMPLIMENTARY



Terms & Conditions

- Rates are quoted in IDR (Indonesian Rupiah) and converted to USD (United States Dollar) using the exchange rate at the time this document was issued. Final billing conversions will be based on the exchange rate at the time of payment or check-out.
- All prices are subject to 21% tax and service charge.
- Children's rates apply to ages 6–11.
- Please check minimum and maximum booking requirements when making your reservation.

CANCELLATION POLICY

- All water and land activities hiking, and culinary activities, require at least 24-hours' notice for cancellation.
- Cancellations made within 24 hours will incur a 100% charge.
- Wellness treatments require at least 4 hours' notice for cancellation . Cancellations made within 4 hours will incur a 100% charge.

NIHI

ROTE
&
HOSPITALITY
ACADEMY

FOR MORE INFORMATIONS CONTACT
RESERVATIONS@NIHI.COM

The Edge of Indonesia

NIHI® ROTE IS A MEMBER OF:

LEADING HOTELS